World Prematurity Day

November 17

A premature baby is born before the

Keeping your hospital appointments during pregnancy helps protect both you and your baby's health



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مستشفى الملك فهد الحامعي **King Fahd University Hospital**





Dear mother



وحدة التوعية الصحية | Health Awareness Unit







The premature baby require special care, so we recommend following these guidelines:

Before you leave the hospital

Make sure you have everything you need to properly care for your premature baby, including the necessary tools, and also take a course in infant CPR.

Taking important notes

Do not hesitate to take important notes from your child's medical team, and ask about the symptoms that require going to the doctor.



Keep committed

Schedule medical checkups to monitor your child's growth and know his health needs.

Discuss the nutrition plan.

You should discuss your feeding plan with your baby's medical team, as a premature baby may need nutritional supplements in addition to breast milk.

Protect your child's health

Protect your child's health by giving him the necessary vaccinations.





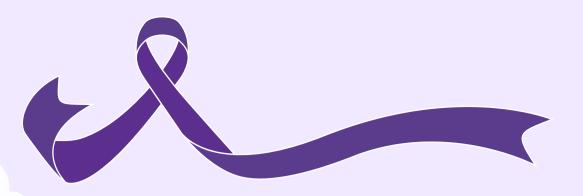
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