

World Health Days



جامعة الإمام عبد الرحمن بن فيصل
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي
King Fahad Hospital The University

2024

Health Day Name	Health Day Start Date	Health Day End Date
1ST Quarter		
Gulf Children's Day	15 January 24	15 January 24
Gulf week for cancer awareness	01 February 24	07 February 24
World Cancer Day	04 February 24	04 February 24
International Epilepsy Day	12 February 24	12 February 24
International Childhood Cancer Day	15 February 24	15 February 24
Saudi day of health marriage	21 February 24	21 February 24
Eating disorders week	28 February 24	06 March 24
Colorectal cancer awareness month	01 March 24	31 March 24
Nutrition month	01 March 24	31 March 24
World Hearing Day	03 March 24	03 March 24
World Obesity Day	04 March 24	04 March 24
International salt week	08 March 24	14 March 24
Glaucoma international week	10 March 24	16 March 24
World Kidney Day	14 March 24	14 March 24
World Sleep Day	15 March 24	15 March 24
World Oral Health Day	20 March 24	20 March 24
World Down Syndrome Day	21 March 24	21 March 24
World TB Day	24 March 24	24 March 24

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Gulf Oral Health Week	25 March 24	31 March 24
Bipolar international day	30 March 24	30 March 24

2nd Quarter

IBS Awareness Month	01 April 24	30 April 24
World Autism Awareness Day	02 April 24	02 April 24
Saudi Walking Day	03 April 24	03 April 24
World Health Day	07 April 24	07 April 24
World Parkinson's Day	11 April 24	11 April 24
World Immunization Week	24 May 24	24 May 24
Skin cancer month	01 May 24	31 May 24
Bladder cancer month	01 May 24	31 May 24
World Asthma Day	07 May 24	07 May 24
Ovarian cancer day	08 May 24	08 May 24
Thalassemia day	08 May 24	08 May 24
Lupus Day	10 May 24	10 May 24
International Nurses Day	12 May 24	12 May 24
Celiac day	16 May 24	16 May 24
World Hypertension Day	17 May 24	17 May 24
Preeclampsia day	22 May 24	22 May 24

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World MS Day	30 May 24	30 May 24
World No Tobacco Day	31 May 24	31 May 24
World environment day	05 June 24	05 June 24
World Food Safety Day	07 June 24	07 June 24
Brain cancer day	08 June 24	08 June 24
Anxiety day	10 June 24	10 June 24
Albinism day	13 June 24	13 June 24
Blood donation day	14 June 24	14 June 24
World elder abuse awareness day	15 June 24	15 June 24
World Sickle Cell Day	19 June 24	19 June 24
Vitiligo day	25 June 2024	25 June 2024
PTSD Day	27 June 2024	27 June 2024

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3 rd Quarter		
World Sarcoma Month	1 July 24	31 July 24
World Hepatitis Day	24 July 24	24 July 24
Psoriasis month	01 August 24	31 August 24
Immunization month	01 August 24	31 August 24
World Breastfeeding Week	01 August 24	07 August 24
Blood cancer month	01 September 24	30 September 24
World physical therapy day	08 September 24	08 September 24
World First Aid Day	14 September 24	14 August 24
World Patient Safety Day	17 September 24	17 September 24
Organ donation day week	18 September 24	24 September 24
World Alzheimer's Day	21 September 24	21 September 24
World pharmacist	25 September 24	25 September 24
World Heart Day	29 September 24	29 September 24

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4th Quarter

4 th Quarter		
Breast Cancer Awareness Month	01 October 24	31 October 24
International Day of Older Persons	01 October 24	01 October 24
Saudi Home Health Care Day	02 October 24	04 October 24
World Mental Health Day	10 October 24	10 October 24
World Sight Day	10 October 24	10 October 24
World Arthritis Day	12 October 24	12 October 24
Global Handwashing Day	15 October 24	15 October 24
International Infection Prevention Week	20 October 24	26 October 24
World Osteoporosis Day	20 October 24	20 October 24
Lung cancer Month	01 November 24	30 November 24
Gulf Diabetes Week	08 November 24	14 November 24
World Pneumonia Day	12 November 24	12 November 24
World Diabetes Day	14 November 24	14 November 24
World Prematurity Day	17 November 24	17 November 24
World Antibiotic Awareness Week	18 November 24	24 November 24
World Children's Day	20 November 24	20 November 24
International Stuttering Awareness Day	22 November 24	22 November 24



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World AIDS Day	01 December 24	01 December 24
International Day of Persons with Disabilities	03 December 24	03 December 24
Health coverage day	12 December 24	12 December 24