

CARE AT HOME AFTER A CIRCUMCISION

ACTIVITIES:

Quiet activities today with close supervision.

No bicycle, gym, rough play, or sports for 1-2 week, then gradual return to activities.

SCHOOL:

May go back to school after 3-5 days.

BATH:

Sponge bath for the first 24 hours, then begin tub baths, for 15 to 20 minutes, 2 or 3 times a day for one week.

DRESSING:

If your child has a dressing, you might be asked to remove it after 24 - 48 hrs certain time or it might come off by itself (for example, during the bath).

Apply Fucidine ointment to the penis after each bath.

Check for bleeding every 2 hours today and once during the night.

If bleeding occurs, use gauze with Fucidine to apply gentle pressure on the penis for 3 to 5 minutes. If not effective, bring your child to the hospital.

Note:

Minimal oozing (spotting of blood) is normal. The area will be swollen for several days and yellowish membranes may cover the tip of the penis. This will gradually improve in 2-3 weeks.

MEDICATIONS:

For pain, give Acetaminophen (Tylenol or Tempra) every 6-8 hours as needed.

DIET :

Give water, apple juice or Jell-O for one to two hours. If tolerated, proceed with a soft diet such as soup, yogurt, and ice cream. Tomorrow, he may be given a normal diet.



<https://goo.gl/UR6zNB>

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