



جامعة الإمام عبد الرحمن بن فيصل
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي
King Fahad Hospital The University

What are the common benign breast conditions?

- It is common for one breast to be naturally **larger** than the other it is normal.
- Nipples usually point **forward**, for their shape to look **different** between both breasts, and for then to turn inward.
- **Breast tissue changes with age**, loses firmness, and becomes saggier.
- A few women have extra breasts, or extra nipples, which won't be a **problem and there is no need to get them surgically removed.**





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Misconceptions About Breast Cancer



Breast injury can cause breast cancer.

Truth

Bruises, fractures, or other injuries are not related to cancer. However, they can draw attention to a pre-existing lump.



Finding a lump in the breast means cancer, and its absence rules out cancer.

Truth

Approximately 80% of breast lumps are non-cancerous. However, it is crucial to consult a doctor if you discover a firm lump or any changes in breast tissue.



wearing bras can cause breast cancer.

Truth

there is no scientific evidence or studies supporting the claim that wearing bra increase the risk of breast cancer.



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Misconceptions About Breast Cancer



Only the mother's family history affects breast cancer incidence

Truth

Both paternal and maternal family medical histories equally impact the likelihood of developing breast cancer.



Women with small breasts have a lower risk of developing breast cancer.

Truth

There is no correlation between breast size and the risk of developing breast cancer.



Underarm antiperspirants can cause breast cancer.

Truth

there is no scientific evidence or studies supporting the claim that antiperspirants usage increase the risk of breast cancer.