



World Bipolar Day



Bipolar disorder affects about 60 million people worldwide

What is bipolar disorder?

It is a mood disorder in which episodes of depression and episodes of mania occur, in which thoughts and behaviors are marked by a pathological mood.

What are the symptoms of Bipolar Disorder?

Lack of sleep and feeling energetic

Distraction and exaggeration of activities

Loss of pleasure or desire

Depressed mood
In most of the time

