



FACULTY FULL NAME: Wesam Alyahya

POSITION: Assistant professor

Personal Data

Nationality | Saudi

Date of Birth |

Department | Clinical Nutrition

Official UoD Email | waalyahya@uod.edu.sa

Office Phone No. |

Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent
Others			

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2019	Doctor of philosophy in clinical nutrition	University of Glasgow	Glasgow-UK
2009	Master in clinical nutrition	University of Glasgow	Glasgow-UK
2007	Bachelor in clinical nutrition	King Saud University	Riyadh- KSA

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	Investigation of the use and outcomes of feeding very preterm infants with fortified donated and mother's own milk
Master	How successful is TPN provided in neonatal intensive care units? Standard or individualized?
Fellowship	

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Assistant professor	Imam Abdulrahman bin Faisal University	2020 to present



Lecturer		Imam Abdulrahman bin Faisal University		2012 to 2020
Senior Clinical Dietician		Saad Specialist Hospital		2007-2012

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Department coordinator	Clinical nutrition department	2012

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Alyahya, W., Simpson, J., Garcia, A.L., Mactier, H. and Edwards, C.A.,	Early versus Delayed Fortification of Human Milk in Preterm Infants: A Systematic Review	2019, Neonatology, pp.1-9
2	Alyahya, W., Barnett, D., Cooper, A., Garcia, A.L., Edwards, C.A., Young, D. and Simpson, J.H.,	Donated human milk use and subsequent feeding pattern in neonatal units.	2019, International Breastfeeding Journal, 14(1), p.39

Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
	Debbie Barnet, Wesam Alyahya , Andrew Cooper, Judith Simpson	Has establishment of a Scotland wide milk bank influenced donor milk usage?	British Association of Perinatal Medicine (BAPM), on 21st and 22nd September 2017, in the Studio, Birmingham, UK

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	Wesam Alyahya , Judith Simpson, Ada Garcia, Helen	Timing of human milk fortification in very low birth weight infants: a scoping review	2019



	Mactier, Christine Edwards		
2	Wesam Alyahya , Judith Simpson, Ada Garcia, Helen Mactier, Christine Edwards	Early versus delayed fortification of human milk in preterm infants: a systematic review	2019
3	Wesam Alyahya , Judith Simpson, Ada Garcia, Christine Edwards	Donated human milk use and subsequent feeding pattern in neonatal units	2019
4	Wesam Alyahya , Judith Simpson, Ada Garcia, Helen Mactier, Christine Edwards	Fortified MOM and DHM: effect on growth and health outcomes at discharge in preterm infants in Scotland	2019

Current Researches

#	Research Title	Name of Investigator(s)

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Experience of using the National Neonatal Research Database for research: lessons to be learnt'	Evidence and Excellence Conference organised by BAPM and Evidence-Based Neonatology (EBNO), 11 to 13 September 2019 Newcastle, UK	Poster presentation
2	Volumes of initiating human milk fortification in very low birth weight preterm infants: a systematic review.	' Nutrition and Nurture in Infancy and Childhood: Bio-Cultural Perspectives Conference organized by the Maternal and Infant Nutrition and Nurture Unit (MAINN), University of Central Lanarkshire, on 10th to 12th June 2019, Grange-over-Sands, Cumbria, UK	Poster presentation
3	Early versus delayed introduction of human milk fortifier in very low birth weight infants: a systematic review'.	Glasgow pediatric research day, on 10th November 2017 in the Queen Elizabeth Teaching and Learning Centre, organized by the University of Glasgow and National Health Service (NHS), Glasgow, UK	Oral presentation
4	'Who gets donated human milk in Glasgow?'	Annual Conference & Scientific Meeting organized by the British Association of Perinatal Medicine (BAPM), on 21st and 22nd September 2017, in the Studio, Birmingham, UK	Poster presentation
5	'Has establishment of a Scotland wide milk bank influenced donor milk usage?'	Annual Conference & Scientific Meeting organized by the British Association of Perinatal Medicine (BAPM), on 21st and 22nd September 2017, in the Studio,	Poster presentation



Birmingham, UK

Membership of Scientific and Professional Societies and Organizations

- Saudi Neonatal club
- British nutrition Society

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Nutrition through lifecycle	NUTR 223	Lectures
2	Pediatric nutrition	NUTR 413	Lectures + lab
3	Medical nutrition therapy 1	NUTR 312	Lectures + lab
4	Medical nutrition therapy 2	NUTR 322	Lectures + lab
5	Nutrition support	NUTR 325	Lectures + lab
6	Community nutrition	NUTR 324	Lectures
7	Nutrition counselling	NUTR 327	Lectures

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			
2			

Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

1	
2	

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	To

Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date



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Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

Ongoing Research Supervision

#	Degree Type	Title	Institution	Date

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
	2012	2014	Department coordinator	Clinical Nutrition Program at IAU

Committee Membership

#	From	To	Position	Organization
	2020	Present	Member of Curriculum Development Committee	Clinical Nutrition Program at IAU
	2020	Present	Member of the electronic platform of the university	IAU

Scientific Consultations

#	From	To	Institute	Full-time or Part-time

Volunteer Work



#	From	To	Type of Volunteer	Organization

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	
2	

Last Update

...../...../2016