



# Taghread Ahmed El-sayed

**POSITION:** Assistant Professor of Philosophy Department, Faculty of education, Dammam University

## Personal Data

Nationality | Egyptian

Date of Birth | 11-10 -1976

Department | Philosophy Department

Official UoD Email | taelsayed@uod.edu.sa

Office Phone No. |

## Language Proficiency

Language	Read	Write	Speak
Arabic	√	√	√
English	√	√	√
Others			

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
02-05-2009	PhD. of physical education (Ph.DPhEd)	Zagazig University, Egypt	Faculty of physical education
02-08-2004	Master of physical education (MPhEd)	Zagazig University, Egypt	Faculty of physical education
22-07-1998	Bachelor of physical education(BPhEd)	Zagazig University, Egypt	Faculty of physical education

## PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	The effect of using "pick up" technique on speed and accuracy offensive and defensive footwork in basketball"
Master	"The Effect of resistance training at the level of performance skill in basketball"



Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Associate Professor of Sport Training Department	Faculty of physical education, Zagazig University, Egypt	2014 – Up to Now
Assistant Professor of Philosophy Department	Faculty of education, Dammam University- Kingdom of Saudi Arabia	2014 – Up to Now
Assistant Professor of Sport Training Department	Faculty of physical education, Zagazig University, Egypt	2009 – 2014
Lecturer of Sport Training Department	Faculty of physical education, Zagazig University, Egypt	2004-2009
Demonstrator of Sport Training Department	Faculty of physical education, Zagazig University, Egypt	1999- 2004

## Scientific Achievements

### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Taghreed Ahmed Elsayed Ahmad	"Improving Musculoskeletal Fitness and the Performance Enhancement of Basketball Skills through Neuromuscular Training Program"	Journal of Human Sport and Exercise, Faculty of education University of Alicante. Alicante – Spain; 10 (3): 795-804, 2015
2	Taghreed Ahmed Elsayed Ahmad	"Eight Weeks of Basketball practice Can Significantly Alter Body Composition and motor proficiency in primary school children who Are Overweight"	Journal of American Science, Marsland Pressm, NewYork, USA; 10 (6), 2014
3	Taghreed Ahmed Elsayed Ahmad	"The Effect of Upper Extremity Fatigue on Grip Strength and Passing Accuracy in Junior Basketball Players"	Journal of Human Kinetics, Academy of Physical Education, Katowice, Polish, volume 37/2013, 71-79.
4	Taghreed Ahmed Elsayed Ahmad	"The Effect of Aquatic Plyometric Training on Cardio-respiratory Fitness and Preseason preparation in Elite Basketball Players"	Journal of Physical Education Research, Faculty of Physical Education for Boys, Zagazig University, Egypt, 2013
5	Taghreed Ahmed Elsayed Ahmad	"Using the style of the Learning Cycle in Teaching Some of Offensive Skills in Basketball and its impact on the achievement of the skill and the Survival effect of Learning"	Journal of Sports Sciences, , Faculty of Physical Education, Minia University,2012
6	Taghreed Ahmed Elsayed Ahmad	"Contrast training loads and its impact on the development of explosive power of the legs and the achievement of some offensive and defensive skills of the pivot in	Scientific Journal of Physical Education and Sports, , Faculty of Physical Education for Boys, Helwan University, 2012



		basketball"	
7	Taghreed Ahmed Elsayed Ahmad	"The Effect of the Hypoxic Trainings on Speed Endurance and Some physiological variables and relationship to the level of the performance of some offensive and defensive Skills in basketball"	International Scientific Conference of Physical Education and Sports, Faculty of Physical Education for Boys, Helwan University, 2010

#### Current Researches

#	Research Title	Name of Investigator(s)
	Taghreed Ahmed Elsayed Ahmad	The impact of water training on some physiological variables and their relationship to the quality of life in the elderly

### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Second International Scientific Conference entitled "The field training faculties of Physical Education in the light of the draft Quality Assurance and Accreditation in Education"	Faculty of Physical Education for Boys Zagazig University from 21-22/3/2007.	Audience participation in the conference
2	Third International Scientific Conference entitled "The development of educational curricula in the light of recent trends and the needs of the labor market."	Faculty of Physical Education for Girls, Zagazig University from 22 - 23/03/2008	Member of the preparation and organization of the conference
3	International Scientific Conference entitled "Towards a better investment of Egyptian and Arab sport"	Faculty of Physical Education for Boys Zagazig University from 4-5/3/2009	Audience participation in the conference
4	XIII International Scientific Conference entitled "Physical Education and Sports of the third millennium challenges"	Faculty of Physical Education for Boys Helwan University of Cairo in 2010	Participating with a paper at the conference
5	First National Congress of the preparations of the Year in Saudi universities	Sheraton Hotel-Dammam-of Wednesday and Thursday, 3-4 Rajab 1437	Audience participation in the conference
6	Preparatory meeting of the Conference Scientific student sixth under the motto "Towards a knowledge-based innovation and leadership privileged generation."	Princess Jewels girl Nayef Hall of the Faculty of Science at the university colleges compound from Sunday and Monday, 19-20 / 4/1436	Audience participation in the conference and arbitration



7	Education Forum of the Faculty of Education - University Dammam- entitled "social networks: Awareness and Prevention"	Princess Jewels girl Naïf Hall of the Faculty of Science at the university colleges compound on Wednesday, 29 Muharram 1437	Audience participation in the forum
8	Forum and Exhibition third traffic safety	Sheraton Hotel - Dammam- 23-25 /11/2015	Audience participation in the forum

## Membership of Scientific and Professional Societies and Organizations

- Reviewer in international magazine (JOURNAL OF PHYSICAL EDUCATION AND SPORT MANAGEMENT)
- Reviewer in international magazine (SPORT Sciences For Health)
- Reviewer in the sixth Student Scientific Conference for students in higher education in Saudi Arabia-2015
- Member of the committees personal interviews of candidates in my program in Diploma in Education and Diploma in guidance and counseling in 2016 - Faculty of Education - University of Dammam
- Chair of the Committee matching certificates to the candidates in my program in Diploma in Education and Diploma in guidance and counseling in 2015 - Faculty of Education - University of Dammam
- Member of the examination Committee for the first semester of the academic year 1436-1437. College of Education - University of Dammam
- Member of the Development Committee rapporteur characterization of "health and fitness". 2016 - Faculty of Education - University of Dammam
- Member of the Development Committee rapporteur characterization of "research skills." 2016 - Faculty of Education - University of Dammam
- Member of the curricula and teaching methods to quality - Faculty of Physical Education - Zagazig University
- Member of the unit of accreditation and quality assurance - Zagazig University
- Member of the Egyptian Swimming Federation
- Member of the Egyptian Basketball Federation
- Member of the organizing committee for the World Cup opening ceremony Handball Championship Cairo Stadium
- Member of the Commission for Reception in the third scientific conference of the Faculty of Physical Education for Girls at Zagazig University entitled "The development of educational curricula in the light of recent trends and the needs of the labor market" in the period from 22-23 / 3/2008
- Reviewer in Operation committees to assess the level of students, Faculty of Physical Education - Zagazig University
- Member in Committee physical fitness tests to applicants for admission to the Faculty of Physical Education for Girls - Zagazig University
- Member of the committee preparing the schedules of faculty members and tests at the Faculty of Physical Education - Zagazig University



## Teaching Activities

### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Health and Fitness	HTFT 151	Full lectures teaching
2	Research Skills	EDUC 152	Full lectures teaching
3	thinking skills	EDUC 401N	Full lectures teaching
4	The education system in KSA	EDUC 341	Full lectures teaching
5	The foundations of the curriculum and their organizations	CURR 500	Full lectures teaching
6	Entrance to education	EDUC 101	Full lectures teaching

### Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	to
	Health and Fitness (HTFT 151)	√		√		2015	
	Research Skills (EDUC 152)		√	√		2016	
	thinking skills (EDUC 401N)		√	√		2016	
	The education system in KSA (EDUC 341)	√		√		2014	
	The foundations of the curriculum and their organizations(CURR 500)	√		√		2014	
	Entrance to education	√		√		2014	

### Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date
	None			

### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
1	Preparatory Year	25	1436	1437
2	Preparatory Year	33	1437	1438



Administrative Responsibilities, Committee and Community Service  
(Beginning with the most recent)

Committee Membership

#	From	To	Position	Organization
1	2014	Up to Now	Reviewer in international magazine (JOURNAL OF PHYSICAL EDUCATION AND SPORT MANAGEMENT)	(JOURNAL OF PHYSICAL EDUCATION AND SPORT MANAGEMENT)
2	2014	Up to Now	Reviewer in international magazine (SPORT Sciences For Health)	(SPORT Sciences For Health)
3	12/6/1437	18/6/1437	Member of the committees personal interviews of candidates in my program in Diploma in Education and Diploma in guidance and counseling	Faculty of Education - University of Dammam
4	24/5/1436	28/5/1436	Chair of the Committee matching certificates to the candidates in my program in Diploma in Education and Diploma in guidance and counseling	Faculty of Education - University of Dammam
5	10/11/1436	Up to Now	Coordinator of Quality, Department of Education and Psychology	Faculty of Education - University of Dammam
6	28/3/2016	28/5/2016	Member of the Development Committee rapporteur characterization of "health and fitness".	Faculty of Education - University of Dammam
7	28/3/2016	28/5/2016	Member of the Development Committee rapporteur characterization of "research skills."	Faculty of Education - University of Dammam
9	8/2/1436	8/9/1436	Coordinated physical activity and mobility Education and Psychology Department	Faculty of Education - University of Dammam
10	1/3/1436	28/3/1436	Member of the examination Committee for the first semester of the academic year 1436-1437.	College of Education - University of Dammam
11	19/4/1436	20/4/1436	Reviewer in the sixth Student Scientific Conference for students in higher education in Saudi Arabia-2015	University of Dammam
10	9/6/1998	Up to Now	Member of the Egyptian Swimming Federation	Egyptian Swimming Federation



11	1/3/2002	Up to Now	Member of the Egyptian Basketball Federation	Egyptian Federation of Basketball
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#### Volunteer Work

#	From	To	Type of Volunteer	Organization
1	8/4/2009		Participating in the festival environment and community development	Zagazig University
2	9-14/2/2008		Participation in girls universities Week	Zagazig University
3	12-24/2/2000		Participate in the Silver Jubilee of the University of Zagazig	Zagazig University

#### Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Courses in computer and its applications in various sciences (office- windows-power point)
2	Course in Statistical Analysis (SPSS)
3	Course in strategic planning
4	Course in Credits Hours
5	Courses in methods and techniques to deal with special categories
6	Course in scientific publishing
7	Arbitration sessions in basketball
8	Course in the management of the research team
9	English language courses
10	Course in ethics of scientific research
11	Course on "planning and implementation of self-evaluation for the first programs"
12	Course in "inquiry-oriented strategy."
13	Course in "Teaching through projects."
14	Course in "How to deal with personal patterns."

#### Last Update

...15/ 11/2016