



FACULTY FULL NAME: Mrs. NEETHU BETTY
THERUVAN

POSITION: LECTURER

Personal Data

Nationality | Indian

Date of Birth | 23-10-1985

Department | Cardiac Technology Department

Official IAU Email | | nbtheruvan@iau.edu.sa

Office Phone No. | 31316

Language Proficiency

Language	Read	Write	Speak
Arabic	-	-	-
English	Read	Write	Speak
Hindi	Read	Write	Speak

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2011	MSc Nursing	Bangalore	Rajiv Gandhi University of Health Sciences
2007	BSc Nursing	Bangalore	Rajiv Gandhi University of Health Sciences
2014	Fellowship in Cardiac Rehabilitation	Hyderabad	MeDVARISITY
2012	DBA with Hospital management	Mangalore	National Institute of Management

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	-
Master	Study to assess the knowledge of adolescent regarding the prevention of peptic ulcer with a view to develop an information booklet



Fellowship	
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Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date	
Lecturer	Dammam	Imam Abdulrahman BinFaisal University(IAU)	11-Oct-2012	Till date
Lecturer	Mangalore	Dr. M V Shetty College of Nursing	1- June-2011	30-Aug-2012

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Quality coordinator of the department	Building 55. office56, IAU main campus	Till date

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Omar S. El-Masry Mostafa Rashed Neethu B Theruvan	Diagnostic test-ordering capacity and the overuse of clinical chemistry laboratory: A particular focus on cardiovascular diseases	Journal of Medicine and Life in 2023
2	Dr.HussamShaheen, Dr.ManalAhmedMohamed, FatmaHasan Abdel,Basset, Dr.MostafaRashed,Ms.Neethu Theruvan, Dr.Soad Mosbah	Heart Failure prediction in athletic heart remodeling among long distance runners	World Journal of Cardiovascular diseases in 2022
3	Dr.MostafaRashed,Ms.Neethu Theruvan, Dr.Ahmed Gad,Dr.HussamShaheen, Dr.Soad Mosbah	Cardiac Rehabilitation : Future of Heart Health in Saudi Arabia, a Perceptual view	World Journal of Cardiovascular diseases in 2020



Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date

Current Researches

#	Research Title	Name of Investigator(s)
1	Single weapon and three targets. What immune system can do?(Case Study)	Dr.MostafaRashed Ms.Neethu Theruvan,

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution

Membership of Scientific and Professional Societies and Organizations

- TNAI,
- NSS



Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Nursing Skills	NURS 304	Lecture, Lab
2	Medical Ethics & Law	CTECH-412	Lecture

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

The courses taught for under graduate students include Medical Ethics And Law CTECH-412,(primary)	
Clinical Practicum and Nursing Skills CTECH-323, as primary instructor and course coordinator .	
Cardiovascular Pharmacology CTECH-324 as secondary instructor and Cardiovascular Physiology,, BLS and ACLS lecture and lab instructor	

Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	-	-	-

Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

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Course Coordination

#	Course Title and Code	Coordinati on	Co-coordination	Undergr ad.	Postgrad .	From	To
1	Nursing Skills, NURS 304	*	*	*	-	Augu st 2024	Dece mber 2024
2	Medical Ethics & Law CTECH-412	*	*	*	-	Augu st 2023	Dece mber 2024
3	Clinical Practicum and Nursing Skills CTECH 323	*	*	*	-	Dece mber 2022-	Mar ch 2023



Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To
	Level 7	14	August 2024	June 2025

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date
	-	-	-	

Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
	-	-		

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
1	05-09-2021	Till now	Quality coordinator of the department	IAU

Committee Membership

#	From	To	Position	Organization
1	August 2023	Till now	Member Quality committee	CAMS, IAU
2	August 2023	Till now	Member, Curriculum committee	CT Department, IAU

Volunteer Work

#	From	To	Type of Volunteer	Organization



Community Partnerships activities:

Participation in community service activities 30 hours for the academic year 2023-2024

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Communication skills
2	Computer skills

Last Update

30/10/2024