



Mona Hassan Ismail

Associate Professor

Personal Data

Nationality | Saudi

Date of Birth | 16/01/1967

Department | Internal Medicine

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Language Proficiency

Language	Read	Write	Speak
Arabic	yes	yes	yes
English	yes	yes	yes

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2002	Fellowship Training	Toronto University	Toronto, Canada
2001	Fellowship Training	McMaster University	Hamilton, Canada
1997	Arab Board	Arab Board for Medical Specializations	Damascus, Syria
1997	KFU Fellowship	University of Dammam, (formerly King Faisal University)	Dammam, Saudi Arabia
1992	MBBS	University of Dammam, (formerly King Faisal University)	Dammam, Saudi Arabia

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date	
			From	To
Associate Professor of Medicine	Internal Medicine	College of Medicine, University of Dammam, P.O. Box 2114, Dammam 31451, Dammam, KSA.	January 2013	Date
Consultant Internist/ Hepatology	Internal Medicine	King Fahd Hospital of the University, P.O. Box 2208, Al-Khobar 31952, Al-Khobar, Saudi Arabia	June 2009	Date
Assistant Professor of Medicine	Internal Medicine	College of Medicine, University of Dammam, P.O. Box 2114, Dammam 31451, Dammam.	Oct. 2004	Dec.2013



Job Rank	Place and Address of Work		Date	
			From	To
Consultant Internist/ Gastroenterologist	Internal Medicine	King Fahd Hospital of the University, P.O. Box 2208, Al-Khobar 31952, Al-Khobar, Saudi Arabia	July 2002	May 2009
Hepatology Fellow	Toronto University	Toronto, Ontario, Canada	July 2001	June 2002
Gastroenterology Fellow	McMaster University	McMaster Medical Center in Hamilton, ON, Canada	July 1999	June 2001
Senior Registrar in Internal Medicine & Gastroenterology Unit	Internal Medicine	P.O. Box 2208, King Fahd Hospital of the University Al-Khobar 31952 Saudi Arabia	1997	1999
Medical Resident	Internal Medicine	P.O. Box 2208, King Fahd Hospital of the University Al-Khobar 31952 Saudi Arabia	1993	1996
Consultant Internist/ Hepatology	Internal Medicine	Department of Internal Medicine King Fahd Hospital of the University Al-Khobar	June 2009	Date
Consultant Internist/ Gastroenterologist	Internal Medicine	Department of Internal Medicine King Fahd Hospital of the University Al-Khobar	July 2002	May 2009
Senior Registrar in Internal Medicine & Gastroenterology Unit	Internal Medicine	Department of Internal Medicine	1997	1999
Medical Resident	Internal Medicine	Department of Internal Medicine	1993	1996

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Albaker WI, Ismail M, et al.	Thyroid dysfunction status post interferon therapy in hepatitis C patients.	International Journal of Advanced Life Sciences 2013. ISSN 2277-758X.
2	Ismail M.	Predictors of sustained virological responses in a cohort of patients treated with pegylated interferon and ribavirin for chronic hepatitis C infection at a Saudi university hospital.	J Family Community Med. 2013 Jan- Apr; 20(1): 35-40.
3	Alghamdi AS, Sanai F, Ismail M, Alghamdi H, Alswat K, Alqutub A, Altraif I, Shah H, Alfaleh F.	SASLT Practice Guidelines: Management of Hepatitis C Virus Infection.	Saudi J Gastroenterol. Sep 2012; 18(Suppl 1): S1-S32.



#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
4	Ismail M, Al-Elq A, Al-Jaroudi M, Bseiso B, Al-Momen S, Azam N, Al-Jebreen A, Al-Mulhim F, Al-Quorain A.	Frequency of low bone mineral density in Saudi patients with inflammatory bowel diseases.	Saudi J Gastroenterol. 2012 May-Jun; 18(3):201-7.
5	Ismail M, Pinzani M. Reversal of Liver Fibrosis: Hepatic Medicine:	The Pathophysiological Basis of Anti-Fibrotic Therapies.	Evidence and Research 2011; 3(1):69-80.
6	Ismail M.	Nonalcoholic Fatty Liver Disease and Type 2 Diabetes Mellitus: The Hidden Epidemic.	The American Journal of Medical Sciences 2011; 341(6):485-492.
7	Ismail M.	Glypican-3-Expressing Hepatocellular Carcinoma in a Non-cirrhotic Patient with Nonalcoholic Steatohepatitis: Case Report and Literature Review.	Gastroenterology Research 2010; 3(5):223-28.
8	Al-Quorain A, Ismail M, Al-Mulhim A, Yasawy MI, Yousef A, Al-Mulhim F.	Prospective comparative study of MRCP and ERCP in Biliary and Pancreatic Duct Abnormalities.	Scientific Journal of King Faisal University 2010;11: 193-201.
9	Ismail M, Pinzani M.	Reversal of Liver Fibrosis.	Saudi Journal of Gastroenterology 2009; 15(1):72-9.
10	Al-Ghamdi H, Parashar S, Khawaja S, Ismail M, Alghamdi ZM.	Case Report: Extensive anorectal condyloma presenting with rectal prolapse.	Indian Journal of Sexually Transmitted Disease 2008; 29:34-6.
11	Ayman A, Ismail M.	Saudi Gastroenterology Association guidelines for the diagnosis and management of hepatocellular carcinoma.	Saudi Journal of Gastroenterology 2007; 13(1):45.
12	Saeed I, Al-Mueilo S, Ismail M, Yasawy MI, Al-Qahthani F, Al-Quorain A.	Does helicobacter pylori infection in chronic renal failure increase the risk of gastroduodenal lesions? A prospective study.	Saudi Journal of Gastroenterology 2004; 10:78-85.
13	Satti M, Al-Idrissi H, Ismail M, Al-Gindan Y, Al-Quorain	A. Anaplastic KI-1 (CD-30) positive large cell lymphoma of the stomach mimicking Hodgkin's disease: Case report with literature review.	Annals of Saudi Medicine 1999; 19(4):352-56.

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Ismail M, Croitoru K, Wolfe M, Armstrong D.	Validation of 13C-urea breath test: A Canadian clinical experience. Canadian Digestive Diseases Week.	Canadian Journal of Gastroenterology 2000;14 (S2).



Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	Al-Ali A, Al-Quorain A, Ismail M	Polymorphism of NOD2/CARD15 & Toll-Like Receptor in Inflammatory Bowel Disease in the Eastern Province	Manuscript Submitted
2	Ismail M, Abdullah Al-Osaimi.	Symptoms and signs of Cirrhosis and Portal Hypertension-Book Chapter for the Society of Interventional Radiology (SIR) entitled: Portal Hypertension & Liver Transplantation, Third Edition	Manuscript Submitted
3	Al-sheikh M, Ismail M, Al-Khater S.	Validation of the postgraduate Hospital Educational environment Measure (PHEEM) at a Saudi University Medical School.	Manuscript Submitted

Current Researches

#	Research Title	Name of Investigator(s)
1	Prevalence of hepatitis B virus genotypes and analyses of pre-core/core promoter mutations of Hepatitis B Virus in Patients with Chronic Hepatitis B at King Fahd Hospital of the University [Funded by U of D].	Ismail M, Elhadi N.
2	A Prospective Investigation Of Nonalcoholic Fatty Liver Disease In Saudi and Arab Women with Polycystic Ovaries Syndrome. [Funded by U of D].	Ismail M, Arafat F, Al-Gahtani N, Al-Turki H, Ababtain W, Al-Ghamdi A, Al-Dhafery B.
3	The Saudi Observatory Liver Diseases (SOLID)Registry A Database and Quality Initiative Program: 2011 – 2016	Abdo A, AlSwat K, Al-Hamoudi W, Albugami N, Al-Omar A, Ismail M et al.

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	64 th Postgraduate Course and Annual Meeting of The American Association for the Study for the Liver Disease (AASLD).	Nov.1-5.2013 Washington, DC, USA	Attended
2	Annual Meeting of The European Association for The Study of Liver (EASL)	April 24-28, 2013 Amsterdam, The Netherlands	Attended
3	Institutional Review Board Training Course	King Fahd Specialist Hospital Dammam. Dec.7th 2011	Attended.
4	Hepatology Update on Hepatitis C Infection	King Fahd Hospital of the University (KFHU), Al-Khobar Saudi Arabia. 19th May 2011.	Course Director and Presenter.
5	Annual Meeting of the European Association for the Study of Liver (EASL)	Berlin, Germany 30 April to 3 May 2011.	Attended.
6	11th International Endoscopy Course and Workshop	Riyadh, Saudi Arabia 16th to 17th March 2011.	Attended.



#	Conference Title	Place and Date of the Conference	Extent of Contribution
7	EASL Monthematic Conference: Evaluation of Disease Severity and Prognosis in Chronic Liver Disease.	Nice, France. 28th to 29th January 2011.	Attended.
8	8th Pan Arab Gastroenterology and 11th Saudi Gastroenterology Meeting.	Riyadh, Saudi Arabia 8th to 10th February 2011.	Obtained the endorsement of the American Society for Gastrointestinal Endoscopy (ASGE).
9	10th Update in Internal Medicine.	KFHU, Al-Khobar, Saudi Arabia. 9th to 10th December 2010.	Presenter.
10	61st Postgraduate Course and Annual Meeting of the American Association for the Study for the Liver Disease (AASLD).	Boston, MA, USA 29th October to 2nd November 2010.	Attended.
11	2nd Inflammatory Bowel Disease International Conference.	Riyadh, Saudi Arabia 29th to 30th September 2010.	Attended.
12	Update on Diagnosis & Management of Liver Disease Symposium.	Jeddah, Saudi Arabia.	Presenter.
13	1st International Transplant Coordinator Symposium.	Al-Khobar, Saudi Arabia 21st-22nd April 2009.	Presenter.
14	8th Update in Internal Medicine on Nephrology	KFHU, Al-Khobar, Saudi Arabia. 12th to 13th November 2008.	Presenter.
15	Colorectal Surgery Forum	Riyadh, Saudi Arabia. 22nd to 26th March 2008.	Presenter.
16	15th United European gastroenterology Week (UEGW)	Paris, France 27th to 31st October 2007	Attended.
17	European Association for Study of the Liver-EASL-42nd Annual Meeting.	Barcelona, Spain. 11th to 15th April 2007	Attended.
18	7th Update in Internal Medicine on Gastroenterology on Colorectal Diseases.	KFHU, Al-Khobar, Saudi Arabia. 21st and 22nd November 2007.	Presenter.
19	9th Saudi Gastroenterology Meeting.	Abha, Saudi Arabia. 9th to 11th May 2007.	Presenter.
20	2nd Arab Liver Transplantation Conference.	Riyadh, Saudi Arabia 14-15 March 2007.	Presenter.
21	Systematic Review Workshop	King Abdul-Aziz Medical City, National guard Hospital, Riyadh 20th to 21st December 2006.	Attended.
22	8th International Therapeutic Endoscopy Course	Cairo, Egypt. 11th 13th December 2006	Attended.
23	6th Update in Internal Medicine on Cardiology and Hypertension.	KFHU, Al-Khobar, Saudi Arabia. 29th to 30th November 2006.	Presenter.



#	Conference Title	Place and Date of the Conference	Extent of Contribution
24	2nd Evidence Based Medicine Workshop	Riyadh Military Hospital Riyadh, Saudi Arabia 21st to 23rd November 2006.	Attended.
25	24th Biennial Meeting of the International Association for the Study of Liver (IASL) in collaboration with the African Association for the study of Liver Disease (AFASLD)	Cairo, Egypt on 7th to 11th September 2006.	Co-chaired a session.
26	European Association for Study of the Liver-EASL-41st Annual Meeting	Vienna, Austria. 25th to 30th April 2006	Attended.
27	2nd Annual Meeting of Evidence Based Medicine.	Place: 2nd to 5th April 2006	Attended a workshop on "How to Develop Guidelines"
28	7th International Therapeutic Endoscopy Course.	Cairo, Egypt. 10th 12th December 2005	Attended.
29	4th Baveno Consensus Meeting in Portal Hypertension and 2nd Post-Graduate course.	Baveno, Italy 27th to 29th April 2005.	Attended.
30	European Association for the Study of the Liver-EASL-40th Annual Meeting.	Paris, France 13th to 17th April 2005.	Attended.
31	Gastrointestinal Malignancies Symposium.	Saudi Cancer Foundation, Al-Khobar, Saudi Arabia. 16th to 17th February 2005.	Presenter.
32	Research Methodology workshop	Manama, Bahrain 28th to 29th January 2005	Presenter. (Lectures on Medical Ethics, How to write the Introduction section in a Research Paper)
33	4th Update in Internal Medicine on Pulmonary and Infectious Diseases	KFHU, Al-Khobar, Saudi Arabia 15th to 16th December 2004.	Presenter.
34	6th International Therapeutic Endoscopy Course	Cairo, Egypt 11th to 13th December 2004.	Attended.
35	8th Scientific Meeting of the Saudi Gastroenterology Association.	KFHU, Al-Khobar, Saudi Arabia. 29th to 2nd December 2004.	Presenter.
36	12th United European gastroenterology Week (UEGW)	Prague, CZ 24th to 29th September 2004	Attended.
37	9th International Annual Congress of the Egyptian Society of Tropical Medicine, Infectious and Parasitic Diseases.	Alexandria, Egypt. 16th to 18th June 2004	Presenter and won the first prize for oral presentation.
38	European Association for the Liver-EASL-39th Annual Meeting	Berlin, Germany 13th to 17th April 2004	Attended.



#	Conference Title	Place and Date of the Conference	Extent of Contribution
39	Egyptian Association for Gastroenterology and Hepatology Conference and the Inauguration of first Cairo Training Center by World Gastroenterology Association (OMEG)	Cairo, Egypt 1st to 9th March 2004.	Attended.
40	Pan Arab Gastroenterology Meeting	Dubai, UAE 14th to 17th January 2004	Attended.
41	5th International Course on Therapeutic Endoscopy	Cairo, Egypt December 2003.	Attended.
42	2nd Research Methodology	Riyadh, Saudi Arabia January 2003.	Attended.
43	4th International Therapeutic Endoscopy Course	Cairo, Egypt December 2002	Attended.
44	7th Annual SGA Meeting of Saudi Gastroenterology Association	Riyadh, Saudi Arabia October 2002	Attended.
45	Digestive Disease Week(DDW), American Gastroenterology Association(AGA) & American Society of Gastrointestinal Endoscopy(ASGE) Postgraduate Course	San Francisco, California, USA , May 2002	Attended.
46	American Association for Study of Liver Disease Postgraduate and annual meeting	Dallas ,Texas, USA November 2011	Attended.
47	DDW & AGA postgraduate course	Atlanta, Georgia, USA May 2001	Attended.
48	ASGE postgraduate course	Washington, DC, USA March 2001	Attended.
49	American College of Gastroenterology (ACG) Postgraduate course	New York, NY, USA October 2000	Attended.
50	DDW & AGA Postgraduate course	San Diego, California, USA May 2000	Attended.
51	Canadian Digestive Disease Week (CDDW)	Quebec City, Quebec Canada, February 2000	Presenter.
52	The First Update Course in Internal Medicine	KFHU, Al-Khobar, Saudi Arabia 17th to 18th February 1999.	Attended.
53	2nd Workshop on Infectious Disease	KFHU, Al-Khobar, Saudi Arabia. 3rd to 4th March 1999.	Attended.
54	Gastroenterology Course and Workshop	Riyadh, Saudi Arabia 1998	Attended.
55	The 2nd Intensive Review Course in Internal Medicine	Riyadh, Saudi Arabia 1997	Attended.
56	5th Saudi Gastroenterology Association Meeting	Al-Khobar, Saudi Arabia. 19th to 20th November 1997	Attended.
57	MRCP 1 Review Course	Jeddah, Saudi Arabia, 1996.	Attended.
58	5th Annual Advanced ECG and Arrhythmia Course	Riyadh, Saudi Arabia, 1996.	Attended.
59	The Intensive Review in Internal Medicine	Riyadh, Saudi Arabia, 1996	Attended.



#	Conference Title	Place and Date of the Conference	Extent of Contribution
60	5th Annual Session of Saudi Heart Association	Al-Khobar, Saudi Arabia 25th to 26th January 1994.	Attended.
61	Workshop on Clinical Clerkships and Postgraduate Clinical Programme	Al-Khobar, Saudi Arabia 1994	Attended.
62	Kidney in Pregnancy Symposium	Al-Khobar, Saudi Arabia 8th April 1993	Attended.
63	The 1st Saudi Rheumatology Symposium	Al-Khobar, Saudi Arabia 13to 16th April 1993	Attended.
64	Post-Operative Wound Infection Symposium	Al-Khobar, Saudi Arabia 25th January 1990	Attended.
65	Renal Failure Symposium	Al-Khobar, Saudi Arabia 3rd March 1990	Attended.
66	Pathology of Liver Disease Symposium	Al-Khobar, Saudi Arabia 10th May 1990	Attended.

Membership of Scientific and Professional Societies and Organizations

- Member, American Society for the Study of Liver Diseases (AASLD), USA, 2001
- Member, Member of the Special Interest Group of the AASLD on “Steatosis and Steatohepatitis” and “Portal Hypertension”., USA, 2009
- Member, European Association for the Study of Liver (EASL), International, 2003
- Member, International Ascites Club (IAC)., International, 2004
- Member, International Liver Cancer Association (ILCA), International, 2007
- Member, American Society for Gastrointestinal Endoscopy (ASGE), USA, 1999

National:

- Member, Saudi Gastroenterology Association (SGA)., KSA, 2004.
- Member, Saudi Association for the Study of Liver Disease and Transplantation (SASLT)., KSA, 2009.

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Introduction to Medicine Course	MDMD 451	Clinical Teaching and Examiner
2	5th-year Clerkship Course in Medicine	MDMD 501	Clinical Teaching and Seminars and Examiner
3	6th Year Clerkship Course in Medicine	MDMD 551	Clinical Teaching & Tutorial and Examiner
4	Internal Medicine Course for Dental students		lecture and Examiner
5	Parallel Undergraduate		Clinical Teaching & Tutorial and Examiner



Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

1	MDMD 451: A 6-credit-hour course that extends over a 6-week period and is offered to the 4th-year medical students for 4 rotations per year. The course emphasizes history-taking and physical examination.
2	MDMD 501: A 6-credit-hour course that is taught over a 6-week period and given to the 5th-year medical students for 6 rotations per year. The course objectives are to teach basic skills and the main subjects in Internal Medicine.
3	MDMD 551: A 9-credit-hour course in Medicine that lasts over 9 weeks and is offered to 6th year medical students for 4 rotations per year. The course concentrates on patients' management, follow-up and principles of therapeutics
4	Active participation in teaching the undergraduate students of the parallel undergraduate teaching program of the College of Medicine, University of Dammam.

Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Full participation in postgraduate training and evaluation of Internal Medicine interns, junior and senior residents, and demonstrators.		Clinical Teaching & Tutorial and Examiner
2	Active participation in the Residency Training Program of the Saudi Board in Internal Medicine and Arab Board in Internal Medicine.		Clinical Teaching & Tutorial and Examiner
3	Saudi Fellowship Training in Gastroenterology		Clinical Teaching & Tutorial and Examiner

Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

1	Postgraduate training and evaluation of Internal Medicine: It involves bedside clinical teaching, lectures, clinico-pathological meetings, tutorials and seminars.
2	Saudi Board in Internal Medicine and Arab Board in Internal Medicine: The program is a 4-year residency training and certified candidates are equated to those who hold other postgraduate degrees.

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	to
1	Introduction to Medicine Course	MDMD 451		Yes		2003	2008

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date
1	Fatma A. Al-Tarouti Passed with score of 95% in Feb 27 th 2014.	"Prevalence of Hepatitis B Virus Genotypes and Relation to Clinical Outcome in Saudi patients with Chronic Hepatitis B Infection"	Department of Medical Laboratory Technology, College of Applied Medical Sciences at U of D.	2011-2013



Administrative Responsibilities, Committee and Community Service
(Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
1	Feb.2014	Date	Office of Alumni and Career Development	University of Dammam
2	Jan.2014	Date	GIT Unit Coordinator	Internal Medicine Department at KFHU
3	Jan.2014	Date	Convener of the Research Coordinating Unit (RCU)	Internal Medicine Department at KFHU
4	Nov.2012	Date	Acting Chairperson of KFHU IRB committee.	KFHU
5	2001	2010	Coordinator of Interns	Internal Medicine Department at KFHU
6	2001	2010	Coordinator of Inpatient Affairs.	Internal Medicine Department at KFHU
7	2009	2011	Institutional Review Board Member	King Fahd Specialist Hospital-Dammam

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	2005	2013	Active participation in the joint activities in serving the community	Department of Family and Community Medicine.
2	2007	2014	Organizing Annual Liver Awareness Campaign since 2007 to promote awareness on liver diseases to the general public and provide education to the medical community by series of up-to-date lectures.	As part of the campaign, an exhibition is held every year in the hospital main lobby and/or at Al-Rashed Mall, Al-Khobar

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Microsoft Office (Word, PowerPoint and Basic Excel)
2	EndNote program for referencing manuscripts
3	RevMan 5.2 for publishing Systematic Reviews

Last Update

March 24 2014