



Lubna. I. AL-Asoom

Assistant Professor

Personal Data

Nationality | Saudi

Date of Birth | 03/04/1973

Department | Physiology

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Office Phone No. | +966 13 333 5131

Language Proficiency

| Language | Read | Write | Speak |
|----------|------|-------|-------|
| Arabic | X | X | X |
| English | X | X | X |

Academic Qualifications (Beginning with the most recent)

| Date | Academic Degree | Place of Issue | Address |
|------------|-----------------|-----------------------------------|--------------|
| 16/06/2010 | PhD | University of Dammam | Saudi Arabia |
| 06/04/2002 | Master | University of Dammam | Saudi Arabia |
| July 1997 | MBBS | King Faisal University/ Dammam | Saudi Arabia |

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

| | |
|--------|--|
| PhD. | PhD thesis(Comparison between myocardial hypertrophy induced by exercise training and long term intake of Nigella sativa) |
| Master | Master thesis (The association of gastroesophageal reflux with bronchial asthma) |

Professional Record: (Beginning with the most recent)

| Job Rank | Place and Address of Work | | Date |
|--|---------------------------|---|---------------------|
| Assistant professor | Physiology Department, | College of Medicine, University of Dammam | Oct2010 till now |
| Lecturer | Physiology Department | College of Medicine, University of Dammam | Jan 2009 – Sep 2010 |
| Demonstrator | Physiology Department | College of Medicine, King Faisal University | Dec 1997- Dec 2008 |
| Intern in various medical specialities | | King Fahad Hospital of the University | Oct 1996- Sep 1997 |



Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

| # | Name of Investigator(s) | Research Title | Publisher and Date of Publication |
|---|---|---|---|
| 1 | <u>AL-Asoom LI</u> , Al-Rubaish A, Al-Qurain, Qutub HO, El-Munshid HA | Does asthma also trigger GER Hepatogastroenterology. | The association of gastroesophageal reflux with bronchial asthma. 2006;53:64-72 |
| 2 | <u>AL-Asoom LI</u> , Al-Rubaish A, Al-Qurain, Qutub HO, El-Munshid HA | Gastroesophageal reflux in bronchial asthma patients: A clinical note | Saudi Medical Journal 2003;24:1364-1369 |

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

| # | Name of Investigator(s) | Research Title | Conference and Publication Date |
|---|---|--|--|
| 1 | <u>AL-Asoom LI</u> , Al-Rubaish A, Al-Qurain, Qutub HO, El-Munshid HA | The association of gastroesophageal reflux with bronchial asthma | 7 th Saudi Gastroenterology Association Conference, Oct 1-3, 2002 |

Current Researches

| # | Research Title | Name of Investigator(s) |
|---|---|--|
| 1 | The association of cardiorespiratory fitness measure by VO2 max and serum Vitamin D in young college female students in University of Dammam | Al-Asoom LI, AlBaker W |
| 2 | Molecular signaling and morphological changes in myocardial hypertrophy induced by exercise training and long term administration of Nigella sativa | Al-Asoom LI, Alkhater KM, Alshawarbi M, ElBahai MN |

Contribution to Scientific Conferences and Symposia

| # | Conference Title | Place and Date of the Conference | Extent of Contribution |
|---|--|---|------------------------|
| 1 | <u>Al-Asoom LI</u> Student perceptions toward case based approach of teaching physiology | The 4 th international conference of AMEE, coloring outside the lines, August 24-28, Prague, Czech republic. | speaker |
| 2 | Heart Failure 2013 | European society of cardiology, Lisbon, Portugal, May 25-28, 2013 | Attendant |
| 3 | What you need to know before conducting human research? | Deanship of scientific research, building 11, University of Dammam, May, 11, 2013 | Attendant |



| # | Conference Title | Place and Date of the Conference | Extent of Contribution |
|----|--|--|------------------------|
| 4 | OSCE: The art and science | College of Nursing, University of Dammam, May, 8, 2013 | Attendant |
| 5 | Introduction to academic leadership | Academic leadership center, Ministry of higher education, at Riyadh Marriott Hotel, May, 1, 2013 | Attendant |
| 6 | Instructional design workshop | Medical education unit site 1 University of Dammam, 19-20/3/2013 | Attendant |
| 7 | Teaching skills in the 21 st century | University of Dammam, Feb 17-18, 2013 | Attendant |
| 8 | The second annual forum for university teaching "Learning outcomes assessment" We do teach,..do student learn? | King Saud University, Riyadh, Feb 9-10, 2013 | Attendant |
| 9 | Research in medical education | University of Dammam, Dec 18,19 2012 | Attendant |
| 10 | The magic of teaching workshop | University of Dammam, Sep 25-27 2012 | |
| 11 | e-learning week (Seminars and workshops) | University of Dammam, Conference hall building 11, March 26-29 2011 | Attendant |
| 12 | International symposium for Quran and Sunnah | Jewahir hotel, Istanbul, Turkey, March 11-14 2011 | speaker |
| 13 | Workshop on program and course documentation | University of Dammam, conference hall building 11, Jan 11-13, 2011 | Attendant |
| 14 | New trends in advanced health training: the use of simulation | University of Dammam, conference hall building 11, Jan 11-12, 2011 | Attendant |
| 15 | Lecturing hands-on tool-I | University of Dammam, site I, Jan 10 2011 | Attendant |
| 16 | Teaching for effective learning | University of Dammam, site I, Dec 18-19, 2010 | Attendant |
| 17 | Integrated course design | University of Dammam, site I, Sep 18, 2010 | Attendant |
| 18 | First scientific conference for higher education | King Fahad conference hall, Ministry of higher education, Riyadh, March 15-18 2010 | speaker |
| 19 | 7 th GCC conference for medical education | University of Dammam, 16-17 Dec 2009 | Attendant |
| 20 | How to write meta-analysis and systematic review | Arabian Gulf University, Bahrain, March 27-28, 2008 | Attendant |



| # | Conference Title | Place and Date of the Conference | Extent of Contribution |
|----|---|--|------------------------|
| 21 | Blue prints | King Fahad Hospital o the University, Building B, Sep 20-23, 2007 | Attendant |
| 22 | Lecture principles | King Fahad Hospital o the University, Building B, April 13-14, 2007 | Attendant |
| 23 | Item writing, Item Analysis | King Fahad Hospital o the University, Building B, Sep 21, 2006 | Attendant |
| 24 | Introduction to problem based learning | King Fahad Hospital o the University, Building B, June 12-13, 2006 | Attendant |
| 25 | Management of female sections in Saudi universities, challenges and ambitions | King faisal university, Dammam, female section, March 7-8, 2006 | Attendant |
| 26 | Molecular genetics | King Fahad Hospital o the University, site I, Dec 21, 2005 | Attendant |
| 27 | Basic pulmonary Function Testing, Symposium and workshop | King Faisal University, college of Applied medical sciences, Dec 30, 2004 | Attendant |
| 28 | 4 th Update in Internal Medicine: Pulmonary and Infectious Diseases | King Fahad Hospital o the University, site I, Dec 15-16 2004 | Attendant |
| 29 | Trends in Microbiology | King Fahad Hospital o the University, site I, March 24-25 2004 | Attendant |
| 30 | 7 th Saudi Gastroenterology Association Conference and Gastrointestinal Endoscopy Course | Kiing Abdulaziz Medical city, National Guard Health Affairs, Riyadh, Saudi Arabia, Oct 1-3, 2002 | Attendant |
| 31 | Second GCC conference of the faculties of Medicine | King Fahad Hospital o the University, Al-Khobar, Nov 15-16,2000 | Attendant |
| 32 | Update in esophageal diseases | King Fahad Hospital o the University, site I, May 4, 2000 | Attendant |
| 33 | Effective teaching | King Faisal University, Dec 9, 1999 | Attendant |
| 34 | Toward a better MCQ | King Faisal University, Sep 19-20 1999 | Attendant |
| 35 | First update in Internal Medicine | King Fahad Hospital o the University, Feb 17-18 1999 | Attendant |

Membership of Scientific and Professional Societies and Organizations

- Member, AMEE, (Association of medical education).



Teaching Activities

Undergraduate

| # | Course/Rotation Title | No./Code | Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics) |
|---|---|----------|---|
| 1 | General physiology course for medical students. | MDPL 203 | 24 lectures X2 6 tutorials and labs X3 |
| 2 | General physiology course for nursing students. | MSPL 219 | 10 lecturesX2 4 tutorials and labsX2 |
| 3 | General physiology course for Applied Medical Sciences. | MDPL 212 | 7 lectures first semester 2 tutorials and labs |
| 4 | Neurophysiology course for physical therapy | PHY 222 | 12 lectures second semester 2 tutorials and labs |
| 5 | Specialized physiology course for Respiratory therapy. | MRST 221 | |
| 6 | Problem based learning course for Medical students. | | |
| 7 | Integrated health sciences course for Medical students. | | |

Postgraduate

| # | Course/Rotation Title | No./Code | Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics) |
|---|-----------------------------|----------|---|
| 1 | Mammalian Physiology Course | MDPL 812 | One session |

Course Coordination

| # | Course Title and Code | Coordination | Co-coordination | Undergrad. | Postgrad. | From | to |
|---|---|--------------|-----------------|------------|-----------|----------|-----|
| 1 | General Physiology for medical students MDPL 203 | | X | | | Sep 2012 | now |
| 2 | Human physiology and anatomy for clinical nutrition NUT 211 | X | | | | Sep 2012 | now |



Administrative Responsibilities, Committee and Community Service
(Beginning with the most recent)

Committee Membership

| # | From | To | Position | Organization |
|---|----------|-----|------------------------|---|
| 1 | Sep 2012 | now | Alumni | College of Medicine/ university of Dammam |
| 2 | Sep 2012 | now | Quality assurance unit | Physiology Department/ College of Medicine/ University of Dammam |

Last Update

12 August, 2013