



FACULTY FULL NAME: Hanoof Abdulrahman Alesaaa

POSITION: Demonstrator

Personal Data

Nationality | Saudi

Date of Birth | 18/12/1994

Department | Clinical Nutrition

Official UoD Email | haalessa@iau.edu.sa

Office Phone No. |

Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent
Others			

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2020	MSc Human Nutrition with specialization in Clinical Nutrition	University of Glasgow	United Kingdom
2017	BSc Clinical Nutrition	Imam Abdulrahman Bin Faisal University	Kingdom of Saudi Arabia

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	
Master	Is Grip Strength a Good Marker of Nutritional Risk and Body Composition in Sick Children?
Fellowship	



Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Demonstrator	Imam Abdulrahman Bin Faisal University	2017

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication

Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Hanoof Alessa	Is Grip Strength a Good Marker of Nutritional Risk and Body Composition in Sick Children	2020



Supervisor: Prof. Konsatantinos Gerasimidis		
Hanoof Alessa, Shrifah Alkhalaf, Sara Bawazier, Sumayah AlGhamdi Dupervisor: Prof. Mohammed Saleh & Dr. Omar Abuzaid	The relationship between dietary calcium intake and weight management among female Adolescents	2017

Current Researches

#	Research Title	Name of Investigator(s)

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution

Membership of Scientific and Professional Societies and Organizations

- Coordinator of Community Service Committee
- Member in Alumni Affairs Committee
- Member in Media and website Committee
- Member in Internship and training Committee

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Basics of Human Nutrition	Basics of Human Nutrition	Primary instructor

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

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Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			
2			

Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

1	
2	

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	To

Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date



Ongoing Research Supervision

#	Degree Type	Title	Institution	Date

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
	14/1/2018	7/3/2019	Coordinator of safety and health unit	College of Applied Medical Sciences in Jubail

Committee Membership

#	From	To	Position	Organization
	8/11/2020		Coordinator of Community Service Committee	Clinical Nutrition Department
	8/11/2020		Member in Alumni Affairs Committee	Clinical Nutrition Department
	8/11/2020		Member in Media and website Committee	Clinical Nutrition Department
	8/11/2020		Member in Internship and training Committee	Clinical Nutrition Department

Scientific Consultations

#	From	To	Institute	Full-time or Part-time



Volunteer Work

#	Type of Volunteer	Organization
	Participated in breast cancer awareness campaign at university 2016.	Imam Abdulrahman Bin Faisal University
	Participated in the obesity awareness day “Road Map to Obesity Free Society” at King Fahad Specialist Hospital (2016)	King Fahad Specialist Hospital
	Participated in Family Medicine Diabetic Day at King Fahad Specialist Hospital (2016).	King Fahad Specialist Hospital
	Participated in MEHNAH (CAREER) FORUM (2016).	Imam Abdulrahman Bin Faisal University
	Participated in obesity awareness campaign of Saudi electronic university (2016).	Saudi electronic university
	Participated in breast cancer awareness campaign at KING FAHA HOSPITAL OF THE UNIVERSITY, 2014-2015.	KING FAHA HOSPITAL OF THE UNIVERSITY
	Participated in nutrition activity at 8 th intermediate school in AL Khobar (2014).	8 th intermediate school in AL Khobar



Participated in Nutrition and obesity workshop (January 2013), Al-Rashid Mall	Al-Rashid Mall,
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Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Successfully achieved the certification for ICDL START.
2	Familiar with Microsoft office (ppt, Excel, word), Statistic software (Minitab)

Last Update

...26...../...11.../2020

