



Hebah Ahmed Almulla

POSITION: Assistant Professor

Personal Data

Nationality | Saudi & American

College | Nursing

Department | Fundamental of Nursing Department

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Office Phone No. | ext. 31648

Language Proficiency

Language	Read	Write	Speak
Arabic	√	√	√
English	√	√	√

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2019	Doctor of Philosophy (Nursing)	USA, Seattle	University of Washington School of Nursing
2018	Master of Education (Measurement & Statistics)	USA, Seattle	University of Washington College of Education Educational Psychology
2014	Intensive English Program	USA, Seattle	University of Washington Outreach Intensive English Program
2012	Master of Nursing Science (MSN) Clinical pediatric Nursing	Saudi Arabia	University of Dammam College of Nursing



			(Now know as Imam Abdulrahman Bin Faisal University [IAU])
2004	Bachelor of Nursing Science (BSN)	Saudi Arabia	King Faisal University (Now know as Imam Abdulrahman Bin Faisal University [IAU])

PhD, Master or Fellowship Academic Honors or Distinctions:

PhD	<ul style="list-style-type: none"> ▪ School of Nursing Distinguished Dissertation Award in Nursing Science, University of Washington, Seattle, 2019 (Dissertation title: Describing, Measuring, and Testing a Model of Illness-Related Concerns among Children Experiencing Maternal Breast Cancer) ▪ \$350 award from UW School of Nursing Conference Travel to aid the attendance of the ONS Congress in Anaheim, CA, April 11-14, 2019 ▪ \$5,000 ONS Foundation Research Doctoral Scholarship for the 2018-2019 year. ▪ 2018 Congress Conference scholarship in the amount of \$1200 to aid the attendance of the ONS Congress in Washington D.C., May 17-20, 2018 ▪ \$360.00 award from the Nursing Scholarship Fund to aid the attendance of the ONS Congress 2017 in Denver, CO, May 4-7, 2017 ▪ \$350.00 award from the Christie Endowed Fund to aid attendance of the WIN Conference 2016 in Anaheim, CA, April 6-9, 2016
English Program	<ul style="list-style-type: none"> ▪ Certificate of being selected as an outstanding student from The Outreach Intensive English Program at the University of Washington, 2013. ▪ Certificate in recognition of participation as a mentor in the Intensive English Program at the University of Washington, 2014.
Master	<ul style="list-style-type: none"> ▪ Research Title: Initial Validation of Measuring Illness-Related Concerns in Children Facing Maternal Cancer, 2018.
Internship	<ul style="list-style-type: none"> ▪ Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital-Dhahran, Saudi Arabia (2004)
CDPNE Aramco	<ul style="list-style-type: none"> ▪ Joined Career Development Professional Nursing Educational Program in Saudi Aramco (2001)



Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Assistant Professor	Imam Abdulrahman Bin Faisal University (IAU) College of Nursing	Oct /2019- Present
Office Assistant	Parent-Child Relationships Programs at the Barnard Center, University of Washington, Seattle, USA. <ul style="list-style-type: none"> ▪ Responsibilities: scoring Parent-Child Interaction (PCI) Feeding and Teaching reliabilities, processing learner certificates and letters, data entry, preparing workshops materials, and processing and packaging website orders. 	June - Nov/2018
Research Assistant	Family and Child Department, School of Nursing, University of Washington, Seattle, USA. <ul style="list-style-type: none"> ▪ <i>Helping Her Heal (HHH)</i>. PI: Frances M. Lewis, PhD. Responsibilities: performing reliability, validity, and item analysis diagnostic analysis for the Spouse Skills scale using including: PCA, EFA, difficulty index, and distractor analysis. ▪ <i>Enhancing Connections-Palliative Care Program (EC-PC)</i>. PI: Frances M. Lewis, PhD. Responsibilities: preparation of study questionnaire packets for baseline and post-intervention data, Quality control field monitoring of baseline and post-intervention data from study participants, and transcribing interviews. ▪ <i>Parenting in the Face of Cancer: Non-ill Sibling & Parent Relationships</i>. PI: Amy Walker. Responsibilities: data entry into Redcap data manager. ▪ <i>The Enhancing Connections: Telephone Pilot Feasibility Trial</i>. PI: Frances M. Lewis, PhD. R03 Grant. NCI, NIH. Responsibilities: Exit interviews data analysis using the methodology of inductive content analysis on two sets of data to ascertain the attributed gains or failures of program participation. ▪ <i>Taking Care of Her: Helping Elderly Caregivers of Women with Advanced Stage Ovarian Cancer</i>. PI: Frances M. Lewis, PhD. Responsibilities: preparation of study questionnaire packets for baseline and post-intervention data, Quality control field monitoring of baseline and post-intervention data 	2015-2019



	<p>from study participants.</p> <ul style="list-style-type: none"> ▪ <i>Adolescent Cancer Survivors & Parents: Worries, Challenges, & Ways of Managing at End-of-Treatment</i>. PI: Amy Walker, PhD. Funded RIFP & NIH-NINR. Responsibilities: Field monitoring of data from study participants, preparation of study questionnaire packets, follow up data, follow up phone calls to participants, data entry, and data analysis, and transcribing interviews. 	
Lecturer	University of Dammam, College of Nursing, Saudi Arabia	2012-2013
Demonstrator	University of Dammam, College of Nursing, Saudi Arabia	2008-2012
Registered Nurse	King Fahd Hospital of the University (FKHU)	2008- 2009
Registered Nurse	Day Surgery Unit Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital- Dhahran, Saudi Arabia	1/2008- 11/2008
Registered Nurse (Pediatric Oncology)	Pediatric Inpatient Unit-Medical, Surgical, and oncology. Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital- Dhahran, Saudi Arabia	2004- 2008

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1.	Almulla, H. , & Lewis, F.	(2019). Losing her: children's reported concerns in the first six mothers of their mother's breast cancer diagnosis. <i>Cancer Nursing</i>	
2.	Lewis, F.M., Loggers, E., Phillips, F., Palacios, R., Tercyak, K., Griffith, K, Shands, ME., Zahlis, E., Alzawad, Z. & Almulla, H.	(2019). Enhancing Connections-Palliative Care: A quasi-experimental pilot feasibility study of a cancer parenting program. <i>Journal of Palliative Medicine</i> .	
3.	Lewis, F., Alzawad, Z., Griffith, K., Almulla, H. , Wu, P., Chi, N., . . . Shands, M.	(2017). Taking Care of Her: A Pilot Feasibility Study of a Caregiver Intervention for Women with Advanced Stage Ovarian Cancer. <i>Journal of Cancer Therapy</i> , 08(05), 472-489.	



4. Walker, A. J., Lewis, F. M., **Al-Mulla, H.**, Alzawad, Z., & Chi, N. C. (2017). Being fully present: Gains patients attribute to a telephone-delivered parenting program for child-rearing mothers with cancer. *Cancer Nursing*
5. Lewis, F. M., Griffith, K. A., Walker, A., Lally, R. M., Loggers, E. T., Zalis, E. H., Sahnads, M. E, Alzawad, Z., **Almulla, H.**, Chi, N. C. (2017). The Enhancing Connections-Telephone study: A pilot feasibility test of a cancer-parenting program. *Supportive Care in Cancer*, 25(2), 615-623.

Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date
1	Hebah A. Almulla Frances M. Lewis	Losing her: children's reported concerns in the first six mothers of their mother's breast cancer diagnosis	Cancer Nursing	August, 2019

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Hebah A. Almulla Frances M. Lewis	The Impact of The Child's Illness-related Concerns from Their Mother's Breast Cancer on The Child's Anxiety Over Time: Test of A Structural Equation Model	The 44 th Annual Oncology Nursing Society (ONS) Congress 2019 in Anaheim, CA. 4/2019
2	Hebah A. Almulla Monica Oxford Frances M. Lewis	The structure of Illness-Related Concerns in Children Facing Maternal Cancer: A Confirmatory Factor Analysis of a Child-Reported Measure	The 43 th Annual Oncology Nursing Society (ONS) Congress 2018 in Washington DC, VA. 5/2018
3	Hebah A. Almulla Frances M. Lewis	Illness-Related Concerns in Children of Mothers with Breast Cancer: Tests of Predictive Theoretical Models	The 42 nd Annual Oncology Nursing Society (ONS) Congress 2017 in



			Denver, CO. 5/2017
4	Hebah A. Almulla Zainab Alzawad Nai-Ching Chi Amy Walker Frances M. Lewis	Mothers with cancer: Gains From the Enhancing Connections Telephone Program.	The 49 th Annual Western Nursing Institute (WIN) Conference in Anaheim, CA. 4/2016
5	Hebah A. Almulla Magda Essawy	Childhood Otitis Media with effusion: the effect of health education program on retention of normal hearing levels.	The 3 rd Annual Saudi Students Conference in Khobar, KSA 2012

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1	Hebah A. Almulla [PI] Frances M. Lewis Monica Oxford Amy Walker Funded by: National Cancer Institute of the National Institutes of Health under award number R01-CA-78424, ONS Foundation Research Doctoral Scholarship award, and by a scholarship from the Saudi Arabian Cultural Mission	Describing, measuring, and testing a model of illness-related concerns among children experiencing maternal breast cancer	6/2019
2	Hebah A. Almulla [PI] Frances M. Lewis Funded by: National Cancer Institute of the National Institutes of Health under award number R01-CA-78424, ONS Foundation Research Doctoral Scholarship award, and by a scholarship from the Saudi Arabian Cultural Mission	Losing her: children's reported concerns in the first six mothers of their mother's breast cancer diagnosis	4/2019
3	Hebah A. Almulla [PI] Monica Oxford Frances M. Lewis	Initial validation of illness-related concerns in children facing maternal Cancer.	3/2019



	<p>Funded by: National Cancer Institute of the National Institutes of Health under award number R01-CA-78424, ONS Foundation Research Doctoral Scholarship award, and by a scholarship from the Saudi Arabian Cultural Mission</p>	Submitted to the Journal of Psycho-Oncology (Under review)	
4	<p>Hebah A. Almulla [PI] Frances M. Lewis</p> <p>Funded by: National Cancer Institute of the National Institutes of Health under award number R01-CA-78424, ONS Foundation Research Doctoral Scholarship award, and by a scholarship from the Saudi Arabian Cultural Mission</p>	The Impact of The Child's Illness-related Concerns from Their Mother's Breast Cancer on The Child's Anxiety Over Time: Test of A Structural Equation Model	4/2019
5	<p>... Hebah Almulla Co-author</p> <p>Funded by: Safeway Foundation</p>	Enhancing Connections-Palliative Care: A quasi-experimental pilot feasibility study of a cancer-parenting program. Journal of Palliative Medicine.	7/2019
6	<p>... Hebah Almulla Co-author</p> <p>Funded by: The deTorny Center for Healthy Aging, UW</p>	Taking Care of Her: A Pilot Feasibility Study of a Caregiver Intervention for Women with Advanced Stage Ovarian Cancer	2017
7	<p>Hebah A. Almulla [PI] Frances M. Lewis</p> <p>Funded by: National Cancer Institute of the National Institutes of Health under award number R01-CA-78424</p>	Illness-Related Concerns in Children of Mothers with Breast Cancer: Tests of Predictive Theoretical Models	2017
9	<p>... Hebah Almulla Co-author</p> <p>Funded by: R03 Grant. NCI, NIH</p>	Being fully present: Gains patients attribute to a telephone-delivered parenting program for child-rearing mothers with cancer	2017
8	<p>... Hebah Almulla</p>		2016



Co-author Funded by: R03 Grant. NCI, NIH	The Enhancing Connections-Telephone study: A pilot feasibility test of a cancer-parenting program. Supportive Care in Cancer	
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Current Researches

#	Research Title	Name of Investigator(s)
1	Initial validation of illness-related concerns in children facing maternal Cancer. Submitted to the Journal of Psycho-Oncology (Manuscript Under review)	Almulla, H. , Lewis, F., & Oxford, M. (2019)
2	The Experience of Patients with COVID-19 in Saudi Arabia: A Qualitative Descriptive Study Funded by: The Grants Program For COVID-19 (Imam Abdulrahman Bin Faisal University) in April 18, 2020	Hebah Ahmed Almulla , RN, MSN, MEd, PhD (Principle Investigator) Asim Abdulrahman Al-Ansari, BDS, MDSc, DScD (Co-Investigator) Frances Marcus Lewis, RN, MN, PhD, FAAN (Co-Investigator/Consultant)

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	The 44 th Annual Oncology Nursing Society (ONS) Congress 2019.	Anaheim, CA. 4/2019	Author /Speaker
2	The 43 th Annual Oncology Nursing Society (ONS) Congress 2018.	Washington DC, VA. 5/2018	Author /Speaker
3	The 42 nd Annual Oncology Nursing Society (ONS) Congress 2017	Denver, CO. 5/2017	Author /Speaker
4	The 49 th Annual Western Nursing Institute (WIN) Conference 2016.	Anaheim, CA. 4/2016	Author /Speaker
5	The 3 rd Annual Saudi Students Conference	Khobar, KSA 2012	Author /Speaker



6	The 5 th Middle East Pediatrics Conference	Dubai, UAE 2012	Attendee
7	Patient Safety & Nursing Curriculum with participation of WHO	Khobar, KSA 2012	Participant
8	King Faisal Cancer Center International Symposium	Riyadh, KSA 11/2006	Attendee

Membership of Scientific and Professional Societies and Organizations

- University of Washington Alumni Association (UWAA), USA
- Member at the Oncology Nursing Society (ONS), Puget Sound PSONS, Washington, USA.
- Sigma Theta Tau International
- Saudi Arabian Cultural Mission, USA
- Oncology Nursing Foundation, USA

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (No. of lectures/Tutorials. Or labs, Clinics)

Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Pediatric Pathophysiology	2601616	Theory
2	Advanced Health Assessment	2601547	Theory/clinical
3	Neonatal Nursing	2601549	Theory/clinical

Course Coordination

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#	Course Title and Code	Under	Postgrad	From	To
1	Pediatric Pathophysiology (2601616)		√	First semester 2019- 2020	
2	Advanced Health Assessment (2601547)		√	First semester 2019- 2020	

Guest/Invited Lectures for Undergraduate/Graduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date
1	Alumni and career development activity, IAU	Self-Marketing Workshop	Imam Abdulrahman Bin Faisal University (IAU) College of Nursing	11/2019
2	PhD Outstanding Student Award Recipient School of Nursing Scholarship Day	Describing, measuring, and testing a model of illness-related concerns among children experiencing maternal breast cancer	University of Washington, School of Nursing, Seattle, WA	6/2019
3	Invited guest speaker for NURS 589 Core PhD course on concept and theory development.	Illness-Related Concerns in Children of Mothers with Cancer: Concept Analysis	University of Washington, School of Nursing, Seattle, WA, USA PhD program	1/2019
4	Invited guest speaker for NURS 589 Core PhD course on concept and theory development.	Integrated Approach to Concept Development	University of Washington, School of Nursing, Seattle, WA, USA PhD program	1/2018

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)



Administrative Responsibilities

#	From	To	Position	Organization

Committee Membership

#	From	To	Position	Organization

Scientific Consultations

#	From	To	Institute	Full-time or Part-time

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	2012	2013	Mentoring students	The Intensive English Program, University of Washington, Seattle, USA
2	2009	2009	Providing health care Lectures to families in community low income areas.	Ministry of Social Services Khobar, Saudi Arabia

Workshops & Competencies

#	Workshop/Training	Organization	Date
1	Structural Equation Modeling Workshop	Curran-Bauer Analytics, Chapel Hill, NC	5/2017



2	1st Neuronurses Symposium & Workshop	King Fahd Hospital of the University, Khobar	4/2012
3	Wound care management course	King Fahd Hospital of the University, Khobar	2009
4	Blood transfusion safety course	Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital- Dhahran, Saudi Arabia	2008
5	Foundations for professional development course & Preceptor development workshop	Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital- Dhahran, Saudi Arabia	2006
6	Chemotherapy administration provider course & Cancer care for children and young People	Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital- Dhahran, Saudi Arabia	2005
7	Oxygen administration and respiratory treatment course	Saudi Aramco Medical Service Organization (SAMSO). Now John Hopkins Hospital- Dhahran, Saudi Arabia	2005

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Computer skills
2	SPSS
3	Mplus & Mplus Digrammer
4	REDCap

18/04/2020

Last Update