



## FACULTY FULL NAME: Heba Y. AlNujaidi

POSITION: Lecturer

### Personal Data

Nationality | Saudi

Date of Birth | 13/09/1988

Department | Public Health

Official UOD Email | hnujaidi@iau.edu.sa

Office Phone No. | NA

### Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓
Others			

### Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2015	Master of science of educational research Methods	University of Leeds	United Kingdom
2011	Bachelor of Health Information and Technology	Imam Abdulrahman bin Faisal University	Saudi Arabia

### PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

Master	Evaluating the quality of the Objective Structured Clinical Examination at one medical school in Saudi Arabia.



### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Lecturer	Public Health Department	2018-recent
Lecturer	Deanship of quality and academic and accreditation	2015-2018
Demonstrator	Deanship of quality and academic and accreditation	2011-2014

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Azza A El Mahalli, Heba Y Al-Nujaidi, Nourah A Al-Turaiyef, Sara S Al-Rashed, Salha F Al-Asiri	30-Day Readmission Rate as an Indicator of the Quality of Elective Surgical Inpatient Care at one of the Eastern Province's Hospitals, Kingdom of Saudi Arabia	Journal of King Abdulaziz University-Medical Sciences, 2012
2	Faisal Mashel Albagmi, Heba Yaagoub AlNujaidi Deema Saad AlShawan,	Anxiety Levels Amid the COVID-19 Lockdown in Saudi Arabia	International Journal of General Medicine, 2021
3	Al-Hajri QR, Alfayez A , Alsalman D , Alanezi F , Alhodaib H , Al-Rayes SA , Aljaffary A , AlThani B , AlNujaidi H , Al-Saif AK, Attar R, Aljabri D , Al-Mubarak S , Al-Juwair MM, Alrawiai S , Alanzi TM	The Impact of WhatsApp on the Blood Donation Process in Saudi Arabia	Journal of Blood Medicine, 2021
4	Hadeel Abdullah Alajwari, Asma Alfayez, Demah Alsalman, Fahad Alanezi, Hala Alhodaib, Saja Al-Rayes, Afnan Aljaffary, Bashair AlThani, Heba AlNujaidi, Atheer K Al-Saif, Razaz Attar, Duaa Aljabri, Sama'a Al-Mubarak, Mona M Al-Juwair, Sumaiah Alrawiai, Zahraa Alakrawi, Turki M Alanzi	Knowledge and attitude of Saudi Arabian citizens towards telemedicine during the COVID-19 pandemic	International Health,2021



### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
1.	Faisal Mashel Albagmi, Heba Yaagoub AlNujaidi Deema Saad AlShawan,	Anxiety Levels Amid the COVID-19 Lockdown in Saudi Arabia	2021

### Current Research

#	Research Title	Name of Investigator(s)
1	Socioeconomic and Behavioral Disparities Among Diabetics in Saudi Arabia: A Nation-Wide Descriptive Study	Rasha almubarak,Norah althumari, adel alhamdan heba alnujaidi reem alzayer sarah almubarak nasser bindhahim
2	The Influence of COVID-19 Pandemic on Quality of life in the kingdom of Saudi Arabia	Heba AlNujaidia, Asma AlFayeza, Atheer Alsaif a, Demah Alsalman a, Sama'a Almubarka, Salma Al-Mullaa (2020)
3	Teleworking during COVID-19: Experiences from Saudi Arabia	Sama'a H. AlMubarak,Atheer AlSaif ,Salma Almulla ,Asma AlFayez ,Heba AlNujaidi ,Demah AlSalman (2020)
4	How relevant is Web 1.0 health promotion messaging in the era of Web 2.0? A quick online study.	Heba AlNujaidi, Suliman Bah (2020)
5	Childhood obesity and family's socioeconomic status: Insights gained from combining school health records and a school-based parent's survey	Heba AlNujaidi,Sulaiman Bah,Sara Almaani, Jumanah Alhanfoosh,Norah Alkhaldim (2020)
6	Re-energizing Health in All Policies (HiAP) in Saudi Arabia: Lessons Learned from COVID-19 and Tobacco Control	Suliman Bah, Heba ALNujaidi, Faisal ALBagmi (2020)
7	An overview of COVID-19 Policy Response in Saudi Arabia: lessons learned	Heba Yaagoub AlNujaidi,Deema Saad AlShawan, Faisal Mashel Albagmi, Suliman Bah (2020)

### Membership of Scientific and Professional Societies and Organizations

#	Society name	Date
	Member of Sharik health research	2020



## Teaching Activities

### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Research Methodology	PUBH414	8 Lectures and assessment
2	Health Education and Promotion	PUBH-225	3 Lectures and Lab assessments
3	Applied Biostatistics	PUBH314	Complete course
4	Quality Management	PUBH 308	6 Lectures and assessment
5	Graduation Project Course	PUBH426	Course coordinator

### Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

1	This course provides the fundamentals of research designs particularly as they pertain to Public Health.
2	This course is designed to meet the growing demand for health promotion/education in organizations and communities in the public and private sectors. In this course, students will learn about health promotion/education concepts, frameworks and core skills to increase the success of their health promotion practice.
3	This course is a comprehensive overview of methods of analysis for categorical and numerical data that are commonly encountered in medical and public health research and intermediate-level data analysis techniques for handling confounding in epidemiologic studies
4	This course is concerned with topics and issues relevant to managing quality and safety in public health.
5	This course allows students to apply their research and statistical skills to formulate research questions, prepare research proposals, search electronic databases to retrieve and review relevant published research, apply appropriate research methods and statistic techniques, interpret results, and draw conclusions and recommendations for decision and policy making.

### Supervision of Undergrad Thesis

#	Degree Type	Title	Institution	Date
1	B. S	ANTHROPOMETRICS CHARACTERISTICS OF GIRLS PRIMARY SCHOOL CHILDREN AND SOCIOECONOMIC STATUS OF THE FAMILY IN DAMMAM AND AL KHOBAR CITIES, EASTERN PROVINCE, SAUDI ARABIA	Imam Abdurrahman bin Faisal University	2019
2	B. S	Assessment of Occupational Safety Climate and Hazards in the Second Industrial City in Dammam, Saudi Arabia-Gender Differences.	Imam Abdurrahman bin Faisal University	2019



3	B. S	Sectoral Impact of COVID-19 in the Eastern Province of Saudi Arabia	Imam Abdurrahman bin Faisal University	2020
4	B. S	Knowledge, attitude and practice toward family planning and its association with socioeconomic status among Saudi women	Imam Abdurrahman bin Faisal University	2021

### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

#### Administrative Responsibilities

#	From	To	Position	Organization
1	2019	Present	Graduation Project Coordinator	Imam Abdurrahman bin Faisal University
2	2019	Present	Curriculum update Head	Imam Abdurrahman bin Faisal University
3	2018	present	MAP unit	Office of the Vice President for Academic Affairs, IAU

#### Committee Membership

#	From	To	Position	Organization
1	2020	Present	Mega Project Committee	Imam Abdurrahman bin Faisal University
2	2018	Present	Research Committee	Imam Abdurrahman bin Faisal University
3	2019	Present	Graduation project Committee	Imam Abdurrahman bin Faisal University
4	2019	Present	College graduation project committee	Imam Abdurrahman bin Faisal University
5	2018	2020	Quality Committee	Imam Abdurrahman bin Faisal University
6	2018	2020	College quality committee	Imam Abdurrahman bin Faisal University

#### Scientific Consultations

#	From	To	Institute	Full-time or Part-time
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جامعة الإمام عبد الرحمن بن فيصل  
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

المملكة العربية السعودية  
Kingdom of Saudi Arabia

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1	2017	2017	MOE	Part time
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Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Computer application
2	SPSS

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Last Update

19 December 2021