



Haya Fahad Mohammed Alhmly

Teaching Assistant

### Personal Data

Nationality | Saudi

Date of Birth | 11/03/1994

Department | Clinical Nutrition

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Office Phone No. | -

### Language Proficiency

Language	Read	Write	Speak
Arabic	Mouther Tongue	Mouther Tongue	Mouther Tongue
English	Excellent	Excellent	Excellent

### Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
July/2015	BS in Clinical Nutrition	Imam Abdulrahman Bin Faisal	Alrakkah, Dammam city

### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Clinical Dietician	Johns Hopkins Aramco Healthcare.	April 2017 October 2018

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Alassaf AS, Albahussain FI, Alhmli HF, Almohaisen NA, Alotaishan SM.	Prebiotic Effect on Bone Health Among Female Students, University of Dammam, Saudi Arabia.	Int J Sci Res (Ahmedabad). 2016; 5(10).

### Completed Research Projects



#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Alassaf AS, Albahussain FI, Alhmli HF, Almohaisen NA, Alotaishan SM.	Prebiotic Effect on Bone Health Among Female Students, University of Dammam, Saudi Arabia.	May 2015

### Current Researches

#	Research Title	Name of Investigator(s)
	The effect of breastfeeding on intelligence quotient and social intelligence among eight-year old females	Althunayyan AD, AlGhamdi FF, Alzain NR, AlDhawyan SZ, AlGindan YY, Amr AA, Alhmly HF

### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	<b>Obesity, diabetes and hypertension symposium, at Johns Hopkins Aramco-Dhahran Health Center</b>	<b>Johns Hopkins Aramco-Dhahran Health Center. Dhahran.</b>	<b>Participant</b>
2	<b>Attend 4th symposium: A New Vision in Medical Nutrition 2018 at King Faisal Specialist Hospital and Research Center.</b>	<b>King Faisal Specialist Hospital and Research Center. Riyadh.</b>	<b>Participant</b>
3	<b>Attend Advanced Critical Care Nutrition Course: Lectures and workshops organized by ICU department in collaboration with Critical Care Educational Support Professionals (CCESP).</b>	<b>King Fahad Hospital University. Khobar.</b>	<b>Participant</b>
4	<b>3<sup>rd</sup> pediatric nutrition symposium,</b>	<b>Johns Hopkins Aramco-Dhahran Health Center. Dhahran.</b>	<b>Participant</b>
5	<b>Attend Total Parenteral Nutrition (TPN) course</b>	<b>King Fahad Military Medical Complex. Dhahran.</b>	<b>Participant</b>
6	<b>Attend Conference titled CONTEMPORARY ISSUES IN BIOMEDICAL ETHICS</b>	<b>King Fahad Hospital University. Khobar.</b>	<b>Participant</b>



## Membership of Scientific and Professional Societies and Organizations

- Member in Saudi Dietetic Association.
- Member in Saudi Diabetes and Endocrine Association (SDEA).
- Active Member in Al-Rahma Medical Charity.

## Teaching Activities

### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Pediatric Nutrition	413	Lectures, Tutorials, Labs and Clinics
	Functional Food	426	Lectures, Tutorials and Labs
	Nutritional Status Assessment	326	Lectures, Tutorials, Labs and Clinics

### Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

**Pediatric Nutrition (413)** This course will focus on the influence of nutrition on growth, development and behavior of children with special health needs (low birth weight, metabolic disorders..etc). The course include principles of nutrition and assessment, evaluation of data, clinical and community care.

**Functional Food (426)** This course will describe functional foods and nutraceuticals, including their health benefits, development, and regulation. In addition, recent significant research advances in the field of functional foods, nutraceuticals, bioactive compounds, antioxidants and dietary supplements, micronutrient fortification, herbs in disease prevention and health promotion will be discussed.

**Nutritional Status Assessment (326)** This course will allow students to learn various methods used in the assessment of nutritional status. The course will focus on assessing anthropometric, biochemical, clinical, and dietary indices.

### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
	Undergraduate	The effect of breastfeeding on intelligence quotient and social intelligence among eight-year old females	Imam Abdulrahman Bin Faisal University	2018- Present

### Administrative Responsibilities, Committee and Community Service



(Beginning with the most recent)

### Committee Membership

#	From	To	Position	Organization
1	Nov-2018	present	Member of Examination Quality Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
2	Nov-2018	present	Member of Community Services Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
3	Nov-2018	present	Secretary of Academic Counselling Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
4	Nov-2018	present	Secretary of Scientific Research Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
5	Nov-2018	present	Member of Laboratory and Purchasing Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
6	Nov-2018	present	Member of website Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
7	Nov-2018	present	Member of Curriculum development Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
8	Nov-2018	present	Member of Alumni Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.
9	Nov-2018	present	Member of training and Internship Committee.	Imam Abdulrahman Bin Faisal – Clinical Nutrition Department.

### Volunteer Work

#	From	To	Type of Volunteer	Organization
1	March-2018	March-2018	Volunteer as a Clinical Dietitian in Oncology Campaign, Nutrition booth at Alrashed Mall	Johns Hopkins Aramco Healthcare (JHAH)
2	October-2016	October-2016	Coordinate Nutrition Booth for the second time in Breast Cancer Campaign at King Fahad University Hospital/ Radiology	King Fahad University Hospital



			Dept.	
3	September-2016	September-2016	Volunteer as Clinical Dietitian & Educator in Ramadan Activity, organized by Al-Rahma Medical Charity.	Al-Rahma Medical Charity.
4	March-2016	March-2016	Coordinate & organize Nutrition & IBD workshop in Dammam Medical Complex.	Dammam Medical Complex.
5	October-2015	October-2015	Coordinate Nutrition Booth in Breast Cancer Campaign at King Fahad University Hospital / Radiology Dept.	King Fahad University Hospital.

**Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)**

1	Certified Scuba Diver.
2	Creative-out of the Box Thinking
3	Work under pressure and meet deadlines
4	Excellent Communication Skills
5	Enjoys teamwork projects and campaigns.

**Last Update**

27-12-2018