

Dr. Faheem Hyder Pottoo



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Research Output

Total publications-**151**

Citations-**5826**

H index-**37**

i10 index-**85**

Book chapters-**29**

Review articles-**81**

Research articles-**29**

Systematic analysis-**12**

Google Scholar:

<https://scholar.google.com/citations?user=o8SGYu4AAAAJ&hl=en>

Languages

English – C2

Urdu – C2

Hindi – C2

Personal Information

Age: 35 years

Home Address: Shamus Abad, Sector-4,
Bemina, Srinagar, J&K, India

Summary

Highly experienced and accomplished academician & researcher in pharmacology. Skilled in conducting lectures, seminars, and practical sessions for MBBS, Pharm.D, B.Pharm and Nursing undergraduate and postgraduate students. Recognized for delivering innovative solutions and driving advancements in drug discovery. Adept at collaborating with cross-functional teams and leading projects from concept to completion. Possesses a deep understanding of regulatory compliance, quality assurance, and industry standards. Strong analytical and problem-solving abilities that enable the identification and resolution of complex technical challenges. Excellent communication and presentation skills which facilitate effective collaboration with stakeholders and the dissemination of technical information to diverse audiences. Continually staying abreast of emerging trends and technologies in healthcare.

Novel Drug Combinations Discovered

Raloxifene + Fluoxetine (generalized seizures)
Raloxifene + Fluoxetine + Bromocriptine (partial seizures)
Carbamazepine + Imipramine (generalized seizures)
Piracetam + Diethylstilbestrol (neuroprotective)
Sodium Valproate + Baclofen + Thymoquinone (neuroprotective)
Doxycycline + Ouabain (colon cancer)
Acetazolamide + Furosemide (colon cancer)

Skill Highlights

Clinical Research	Problem-solving & analytical skills
Target Identification	Project management
Target Validation	Data analysis
Preclinical Testing	Vendor relationship
Drug repurposing	Scientific writing
Literature Synthesis	Collaboration & Innovation
Preclinical research	Artificial Intelligence
Public Health	

Education

P.hD (Pharmacology) 2013- 2016
Department of Pharmaceutical Sciences, University of Kashmir, India

M.Pharm (Pharmacology) 2011-2013
Department of Pharmacology, Jamia Hamdard University, India

B.Pharm 2007- 2011
Gautam Buddha Technical University, India,

Certificate Courses

Evaluations of AI Applications in Healthcare, Stanford University, USA, 2023

Elements of Artificial Intelligence, University of Helsinki, Finland, 2022

Work Experience (7 year's)



Imam Abdulrahman Bin Faisal University (IAU)
Assistant Professor, Department of Pharmacology
College of Clinical Pharmacy

Dammam, Saudi Arabia
Sep, 2017-continuing

- ∂ Conducting lectures, seminars, and practical sessions on Pharmacology for MBBS, Pharm D, B.Pharm and Nursing undergraduate and graduate students.
- ∂ Establish and implement research strategy to progress pipeline programs to proof of concept
- ∂ Conducting comprehensive literature searches using databases such as PubMed, Embase, Cochrane, and Google Scholar.
- ∂ Identification of novel drug targets for the treatment of cancers and neurological disorders based on the study of signaling pathways.
- ∂ Conducting PK, PD and/or TK studies in rodent species (animal handling, dosing, behavioral studies, anesthesia, surgery, tissue extraction and processing)
- ∂ Discovering novel drug combinations for the treatment of cancers and neurological disorders
- ∂ Developing and writing scientific manuscripts, technical reports, and research articles based on data from clinical studies, pre-clinical experiments, and other scientific sources.
- ∂ Collaborating with colleagues on research projects and grant proposals, fostering a collaborative and interdisciplinary research environment.



Imam Abdulrahman Bin Faisal University (IAU)
Administration Head, Examinations
College of Clinical Pharmacy

Dammam, Saudi Arabia
Sep, 2019-Dec, 2022

- ∂ Assigned exam officers and managed the exam calendar, ensuring smooth scheduling and coordination of exams.
- ∂ Oversaw exam logistics, including preparation and distribution of exam materials, approval of proctors and examiners, and coordination of paperwork.



K.R. Mangalam University
Assistant Professor, Department of Pharmacy
School of Medical and Allied Sciences

Gurgaon, India
Sep, 2016 – August, 2017

- ∂ Conducted independent research projects in Pharmacology, investigating the mechanisms of action and toxicity of novel drug candidates using in vivo and in vitro models.
- ∂ Designed and executed experiments, analyzed data, and interpreted results, contributing to the publication of research articles in peer-reviewed journals.
- ∂ Presented research findings at departmental seminars, conferences, and scientific meetings.
- ∂ Conducted health camps at different locations



Dawakhana Al-Hayat
Trainee, R&D Department

Srinagar, India
June, 2009-August, 2009

- ∂ Assisted in the development of new herbal formulations by conducting research and performing experiments under the guidance of senior scientists.
- ∂ Collected and analyzed data from experiments and provided accurate reports on findings.
- ∂ Participated in the development and optimization of manufacturing processes for herbal formulations.

OTHER PROFESSIONAL EXPERIENCE				
From (year)	To (year)	Position	Employer	Country
2022	Continuing	Member Exam Quality Unit	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2022	Continuing	Member-PG program committee	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2022	Continuing	Member-curriculum committee	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2022	Continuing	Member-lab council	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2018	Continuing	Member-research committee	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2017	Continuing	Academic advisor	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2017	2020	Executive-Member-accreditation committee	College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University	Saudi Arabia
2016	2017	Incharge-animal house	Department of Pharmacy, K.R.Mangalam University	India
2016	2017	Warden-Hostel	Department of Pharmacy, K.R.Mangalam University	India

WORKSHOPS

<ul style="list-style-type: none"> ▪ Team based learning: the implementation and experiences in pharmacy curriculum workshop, Imam Abdulrahman Bin Faisal University, January 24, 2023
<ul style="list-style-type: none"> ▪ Workshop: Assessing Project & Field Training, Imam Abdulrahman Bin Faisal University, January 10, 2023
<ul style="list-style-type: none"> ▪ Tools for Written Assessment for Health Professions Colleges, College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, October 11, 2022
<ul style="list-style-type: none"> ▪ Biotechnology: Tools and Techniques, Department of Microbiology, College Medicine, Imam Abdulrahman Bin Faisal University, June 01, 2022
<ul style="list-style-type: none"> ▪ CLOs and PLOs calculation, Deanship of Quality and Accreditation, Imam Abdulrahman Bin Faisal University, May 17, 2022
<ul style="list-style-type: none"> ▪ Social Responsibility Bank Workshop, Deanship of community service, Imam Abdulrahman Bin Faisal University, April 19, 2022
<ul style="list-style-type: none"> ▪ PeopleSoft training workshop, College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, March 8, 2022
<ul style="list-style-type: none"> ▪ Academic Advising Workshop, College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, November 16, 2021
<ul style="list-style-type: none"> ▪ Effective Strategies for Team Based Learning, Professional Development Unit (PDU) at College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, November 9, 2021
<ul style="list-style-type: none"> ▪ Workshop for Assessment of Course Learning Outcomes, College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, September 29, 2020
<ul style="list-style-type: none"> ▪ Advanced Multiple-Choice Questions to Test Higher Order Thinking Skills, Professional Development Unit (PDU) at College of Clinical Pharmacy in collaboration with Deanship of Academic Development, Imam Abdulrahman Bin Faisal University February 25, 2020.

<ul style="list-style-type: none"> 21st Century Skills in the Classroom, Professional Development Unit (PDU) at College of Clinical Pharmacy in collaboration with Deanship of Academic Development, Imam Abdulrahman Bin Faisal University January 28, 2020
<ul style="list-style-type: none"> Risk management workshop, Risk management Unit Deanship of Quality and Academic Accreditation, Imam Abdulrahman Bin Faisal University November 6, 2019
<ul style="list-style-type: none"> Questioning to Develop Higher-Order Thinking Skills, Professional Development Unit (PDU) at College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University October 8, 2019
<ul style="list-style-type: none"> Key performance indicators and benchmarking, EEC-NCAAA in collaboration with Imam Abdulrahman Bin Faisal University, February 13-14, 2019
<ul style="list-style-type: none"> Assessment of course learning outcomes, College of Clinical Pharmacy, Imam Abdulrahman Bin Faisal University, December 24, 2018
<ul style="list-style-type: none"> Principles of Questions Writing, Imam Abdulrahman Bin Faisal University, February 14, 2018.
<ul style="list-style-type: none"> Using and creating effective rubrics, College of Clinical Pharmacy in collaboration with Deanship of Education Development, Imam Abdulrahman Bin Faisal University November 21, 2017.
<ul style="list-style-type: none"> Assessment of Learning Outcomes, EEC-NCAAA in collaboration with Imam Abdulrahman Bin Faisal University, October 8-9, 2017.

HONORS & AWARDS

Featured among top 2% of world scientists by Stanford University	2022 & 2023
1 st Rank University Presidents List of Distinguished Researchers from IAU	2020
Senior Research Fellowship Award from Indian Council of Medical Research	2013-2016
3 rd Rank Clin-Quiz	2012
Student of the Year Award	2011
Graduate Pharmacy Aptitude Test (GPAT) @ 99.06 percentile	2011

GRANTS

Nano-enabled targeted delivery of Osimertinib + miR-7 + anti-miR-21 for the treatment of Glioblastoma Multiforme (\$24,000/PI) from DSR, IAU, 2020-2021.

In Silico and Pharmacological Screening of Existing Drugs against PPAR γ and FFAR1 (\$93,000/PI) from MOE, Saudi Arabia, 2020-2022.

Development of a prototype for selective dual CYP26/HDAC inhibition with improved target selectivity for the treatment of neuroblastoma (\$52,000/CO-PI) from DSR, IAU, 2019-2021.

PUBLICATIONS

Guest Editor-Bentham Sciences

CNS Neurological disorders-Drug Targets	2020-2021
<i>∂</i> Recent advancements in the Chemistry of Novel CNS drugs	
Current Molecular Pharmacology	2020-2021
<i>∂</i> An athletic guide of brain functional nutraceutical supplement	
Current Neuropharmacology	2020-2021
<i>∂</i> Critical appraisals on Neuron-Glia interactions in Neurological Disorders	

Book Editor - Springer

Phytopharmaceuticals in Neurodegenerative Disorders Tradition, Science and Trends	2022-2023
MicroRNAs in Neurological Disorders: From Diseases to Treatment	2022-2023

RESEARCH ARTICLES (10 of 29)

1. **Pottoo FH**, Salahuddin M, Khan FA, Alsaeed WJ, Albaqshi BT, Rahman JU, Gomaa MS, Salama I, Alomary MN, Beigh S. Therapeutic enhancing potential of piracetam with diethylstilbestrol in prevention of grand-mal seizures in rats: inhibition of PI3K/Akt/mTOR signaling pathway and IL-1 β , IL-6, TNF- α cytokines levels. *Eur Rev Med Pharmacol Sci*. 2023 May;27(10):4735-4751. doi: 10.26355/eurrev_202305_32485..
2. **Pottoo, F.H.**; Salahuddin, M.; Khan, F.A.; AL Dhamen, M.A.; Alsaeed, W.J.; Gomaa, M.S.; Vatte, C.; Alomary, M.N. Combinatorial Regimen of Carbamazepine and Imipramine Exhibits Synergism against Grandmal Epilepsy in Rats: Inhibition of Pro-Inflammatory Cytokines and PI3K/Akt/MTOR Signaling Pathway. *Pharmaceuticals* **2021**, *14*, 1204, doi:10.3390/ph14111204.
3. **Pottoo, F.H.**; Salahuddin, M.; Khan, F.A.; Alomar, F.; Al Dhamen, M.A.; Alhashim, A.F.; Alqattan, H.H.; Gomaa, M.S.; Alomary, M.N. Thymoquinone Potentiates the Effect of Phenytoin against Electroshock-Induced Convulsions in Rats by Reducing the Hyperactivation of m-TOR Pathway and Neuroinflammation: Evidence from In Vivo, In Vitro and Computational Studies. *Pharmaceuticals (Basel)* **2021**, *14*, 1132, doi:10.3390/ph14111132.
4. Ahmad, G.; Mir, S.A.; Anand, L.K.; **Pottoo, F.H.**; Dhiman, N.; Malik, F.; Ali, A. Myricanol-9-Acetate, a Novel Naturally Occurring Derivative of Myricanol, Induces ROS-Dependent Mitochondrial-Mediated Apoptosis in MCF-7 Cancer Cells. *Current Topics in Medicinal Chemistry* **2021**, *21*, 1418–1427, doi:10.2174/1568026621666210615151358.
5. Aboelmagd, A.; El Rayes, S.M.; Gomaa, M.S.; Fathalla, W.; Ali, I.A.; Nafie, M.S.; **Pottoo, F.H.**; Khan, F.A.; Ibrahim, M.M. Synthesis and Cytotoxic Activity of Novel Metal Complexes Derived from Methyl-3-(4-Chlorophenyl)-3-Hydroxy-2, 2-Dimethylpropanoate as Potential CDK8 Kinase Inhibitors. *ACS omega* **2021**, *6*, 5244–5254.
6. AbuAlsaoud, Z.; Alshayban, D.; Joseph, R.; **Pottoo, F.H.**; Lucca, J.M. Off-Label Medications Use in the Eastern Province of Saudi Arabia: The Views of General Practitioners, Pediatricians, and Other Specialists. *Hospital Pharmacy* **2020**, *55*, 37–43, doi:10.1177/0018578718817861.
7. Nawaz, F.; Alam, O.; Perwez, A.; Rizvi, M.A.; Naim, M.J.; Siddiqui, N.; **Pottoo, F.H.**; Jha, M. 3'-(4-(Benzyloxy)Phenyl)-1'-Phenyl-5-(Heteroaryl/Aryl)-3,4-Dihydro-1'H,2H-[3,4'-Bipyrazole]-2-Carboxamides as EGFR Kinase Inhibitors: Synthesis, Anticancer Evaluation, and Molecular Docking Studies. *Archiv der Pharmazie* **2020**, *353*, 1900262, doi:10.1002/ardp.201900262.
8. **Pottoo, F.H.**; Alshayban, D.M.; Joseph, R.; Al-Musa, F.; Al-Jabran, O.; Aljaafari, D. Impact of Adherence to Antiepileptic Medications on Quality of Life of Epileptic Patients in the Eastern Province of Saudi Arabia: A Cross-Sectional Study. *Imam Journal of Applied Sciences* **2020**, *5*, 1, doi:10.4103/ijas.ijas_14_19.
9. Alshayban, D.M.; Joseph, R.; Alajmi, N.M.; Almarzooq, L.Y.; Altamimi, W.N.; **Pottoo, F.H.** The Health Related Quality of Life (HRQOL) for Hypertensive Patients in Eastern Province In Saudi Arabia: Cross Sectional Study. *Int J Pharm Sci Res* **2019**, 5573–5578.
10. **Pottoo, F.H.**; Al-Khalifa, F.; Al-Hassar, F.; Al-Muhanna, S.; Al-Ghamdi, M.; Aljaafari, D.; Joseph, R. Antiepileptic Drugs: Prescription Pattern, Hematobiochemical Changes and Adverse Effects: A Retrospective Study in Eastern Province of Saudi-Arabia. *Int J Pharm Sci Res*. **2019**, 5146–5153.

REVIEW ARTICLES (10 of 81)

1. Gupta P, Singh A, Shafi S, Ralli T, **Pottoo FH**, Sultana Y, Kohli K. Cannabis Sativa in Phytotherapy: Reappraisal of Therapeutic Potential and Regulatory Aspects. *Curr Pharm Biotechnol*. 2023 May 8. doi: 10.2174/1389201024666230508142114. Epub ahead of print. PMID: 37157219.
2. **Pottoo FH**, Ibrahim AM, Alammam A, Alsinan R, Aleid M, Alshehhi A, Alshehri M, Mishra S, Alhajri N. Thymoquinone: Review of Its Potential in the Treatment of Neurological Diseases. *Pharmaceuticals*. 2022; 15(4):408.
3. Khan FA, Albalawi R, **Pottoo FH**. Trends in targeted delivery of nanomaterials in colon cancer diagnosis and treatment. *Med Res Rev*. 2022;42(1):227-258.
4. **Pottoo FH**, Javed MN, Rahman JU, Abu-Izneid T, Khan FA. Targeted delivery of miRNA based therapeutics in the clinical management of Glioblastoma Multiforme. *Semin Cancer Biol*. 2021; 69:391-398.
5. **Pottoo FH**, Abu-Izneid T, Mohammad Ibrahim A, Noushad Javed M, AlHajri N, Hamrouni AM. Immune system response during viral Infections: Immunomodulators, cytokine storm (CS) and Immunotherapeutics in COVID-19. *Saudi Pharm J*. 2021;29(2):173-187.
6. **Pottoo FH**, Barkat MA, Harshita, Ansari MA, Javed MN, Sajid Jamal QM, Kamal MA. Nanotechnological based miRNA intervention in the therapeutic management of neuroblastoma. *Semin Cancer Biol*. 2021; 69:100-108.
7. **Pottoo FH**, Iqbal A, Iqbal MK, Salahuddin M, Rahman JU, AlHajri N, Shehadeh M. miRNAs in the Regulation of Cancer Immune Response: Effect of miRNAs on Cancer Immunotherapy. *Cancers (Basel)*. 2021;13(23):6145.
8. **Pottoo FH**, Sharma S, Javed MN, Barkat MA, Harshita, Alam MS, Naim MJ, Alam O, Ansari MA, Barreto GE, Ashraf GM. Lipid-based nanoformulations in the treatment of neurological disorders. *Drug Metab Rev*. 2020;52(1):185-204.
9. Ibrahim AM, **Pottoo FH***, Dahiya ES, Khan FA, Kumar JBS. Neuron-glia interactions: Molecular basis of alzheimer's disease and applications of neuroproteomics. *Eur J Neurosci*. 2020;52(2):2931-2943.
10. **Pottoo FH**, Javed MN, Barkat MA, Alam MS, Nowshehri JA, Alshayban DM, Ansari MA. Estrogen and Serotonin: Complexity of Interactions and Implications for Epileptic Seizures and Epileptogenesis. *Curr Neuropharmacol*. 2019;17(3):214-231.

SYSTEMATIC ANALYSIS (10 OF 12)

1. Abbasi-Kangevari, M.; Saeedi Moghaddam, S.; Ghamari, S.-H.; Azangou-Khyavy, M.; Malekpour, M.-R.; Rezaei, N.; Rezaei, N.; Kolahi, A.-A.; **Pottoo, F.H.**; et al., GBD 2019 NAME Prostate Cancer Collaborators; Amini, E.; et al. The Burden of Prostate Cancer in North Africa and Middle East, 1990-2019: Findings from the Global Burden of Disease Study. *Front Oncol* 2022, 12, 961086, doi:10.3389/fonc.2022.961086.
2. Nichols, E.; Steinmetz, J.D.; Vollset, S.E.; Fukutaki, K.; Chalek, J.; Abd-Allah, F.; Abdoli, A.; Abualhasan, A.; Abu-Gharbieh, E.; Akram, T.T.; **Pottoo, F.H** et al. Estimation of the Global Prevalence of Dementia in 2019 and Forecasted Prevalence in 2050: An Analysis for the Global Burden of Disease Study 2019. *The Lancet Public Health* 2022, 7, e105–e125, doi:10.1016/S2468-2667(21)00249-8.

3. Nichols, E.; Abd-Allah, F.; Abdoli, A.; Abualhasan, A.; Abu-Gharbieh, E.; Afshin, A.; Akinyemi, R.O.; Alanezi, F.M.; Alipour, V.; Almasi-Hashiani, A.; **Pottoo, F.H** et al. Use of Multidimensional Item Response Theory Methods for Dementia Prevalence Prediction: An Example Using the Health and Retirement Survey and the Aging, Demographics, and Memory Study. *BMC Med Inform Decis Mak* 2021, 21, 241, doi:10.1186/s12911-021-01590-y.
4. Cork, M.A.; Henry, N.J.; Watson, S.; Croneberger, A.J.; Baumann, M.; Letourneau, I.D.; Yang, M.; Serfes, A.L.; Abbas, J.; Abbasi, N.; **Pottoo, F.H** et al. Mapping Subnational HIV Mortality in Six Latin American Countries with Incomplete Vital Registration Systems. *BMC Medicine* 2021, 19, doi:10.1186/s12916-020-01876-4.
5. Ward, J.L.; Azzopardi, P.S.; Francis, K.L.; Santelli, J.S.; Skirbekk, V.; Sawyer, S.M.; Kassebaum, N.J.; Mokdad, A.H.; Hay, S.I.; Abd-Allah, F.; **Pottoo, F.H** et al. Global, Regional, and National Mortality among Young People Aged 10–24 Years, 1950–2019: A Systematic Analysis for the Global Burden of Disease Study 2019. *The Lancet* 2021, 398, 1593–1618, doi:10.1016/S0140-6736(21)01546-4.
6. Kinyoki, D.; Osgood-Zimmerman, A.E.; Bhattacharjee, N.V.; Kassebaum, N.J.; Hay, S.I. **Pottoo, F.H** et al., Anemia Prevalence in Women of Reproductive Age in Low- and Middle-Income Countries between 2000 and 2018. *Nat Med* 2021, 27, 1761–1782, doi:10.1038/s41591-021-01498-0.
7. Galles, N.C.; Liu, P.Y.; Updike, R.L.; Fullman, N.; Nguyen, J.; Rolfe, S.; Sbarra, A.N.; Schipp, M.F.; Marks, A.; Abady, G.G.; **Pottoo, F.H** et al. Measuring Routine Childhood Vaccination Coverage in 204 Countries and Territories, 1980–2019: A Systematic Analysis for the Global Burden of Disease Study 2020, Release 1. *The Lancet* 2021, 398, 503–521, doi:10.1016/S0140-6736(21)00984-3.
8. Sartorius, B.; VanderHeide, J.D.; Yang, M.; Goosmann, E.A.; Hon, J.; Haeuser, E.; Cork, M.A.; Perkins, S.; Jahagirdar, D.; Schaeffer, L.E.; **Pottoo, F.H** et al. Subnational Mapping of HIV Incidence and Mortality among Individuals Aged 15–49 Years in Sub-Saharan Africa, 2000–18: A Modelling Study. *The Lancet HIV* 2021, 8, e363–e375, doi:10.1016/S2352-3018(21)00051-5.
9. Collaborators, G. 2019 Global Mortality from Dementia: Application of a New Method and Results from the Global Burden of Disease Study 2019. *Alzheimer's & Dementia: Translational Research & Clinical Interventions* 2021, 7, e12200, doi:10.1002/trc2.12200.
10. Abbafati, C.; Machado, D.B.; Cislighi, B.; Salman, O.M.; Karanikolos, M.; McKee, M.; Abbas, K.M.; Brady, O.J.; Larson, H.J.; Trias-Llimós, S.; **Pottoo, F.H** et al. Five Insights from the Global Burden of Disease Study 2019. *The Lancet* 2020, 396, 1135–1159, doi:10.1016/S0140-6736(20)31404-5

REFERENCES

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