



# Khalid Al-Ansari

## Personal Data

Nationality | British/Pakistani

Date of Birth | 12/08/1976

Department | RC

Official UoD Email | kaansari@uod.edu.sa

Office Phone No. | 31399

## Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✗
English	✓	✓	✓
Others (urdu)	✓	✓	✓

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
03/2012	Ph.D	University of Sunderland, UK	Faculty of Applied Sciences University of Sunderland Sunderland, SR1 3SD.
10/2007	M.Phil	University of Sunderland, UK	Faculty of Applied Sciences University of Sunderland Sunderland, SR1 3SD.
09/2003	Pg.D	University of Sunderland, UK	Faculty of Applied Sciences University of Sunderland Sunderland, SR1 3SD.
11/2000	MBBS (MD Equivalent)	(Dow University of health Sciences (Formerly known as Dow Medical College, University of Karachi, Pakistan)	Mission Rd, Karachi 74200, Pakistan



### PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

<b>PhD</b>	The longitudinal study in close collaborations with British Lung Foundation which involves the critical evaluation of physical, physiological, haematological and psychological markers in characterisation of the natural history of COPD.
<b>Master</b>	Physiological factors including exercise and rehabilitation influencing quality of life in patients with chronic obstructive pulmonary disease.
<b>Fellowship</b>	

### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work			Date
Assistant Professor	Respiratory Care	University of Dammam	Saudi Arabia	04/2013-to date
Academic Tutor/Lecture	Physiological Sciences	University of Sunderland	England, UK	03/2012-04/2013
Clinical Research Fellow, Chest Medicine	Chest Clinic	Sunderland Royal Hospital	England, UK	01/2007-12/2012

### Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
NCAAA Chairman (SDs 6, 7, 10)	S3081	01/11/2015

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
	Khalid Ansari, <sup>1,2</sup> Niall Keaney, <sup>2</sup> Andrea Kay, <sup>2</sup> Monica Price, <sup>3</sup> Joan Munby, <sup>5</sup> Andrew Billett, <sup>4</sup> Sharon Haggerty, <sup>4</sup> Ian K. Taylor, <sup>2</sup> and Haged Al Otaibi <sup>1</sup>	Body mass index, airflow obstruction and dyspnea and body mass index, airflow obstruction, dyspnea scores, age and pack years-predictive properties of new multidimensional prognostic indices of chronic obstructive pulmonary disease in primary care	Annals of Thoracic Medicine, 2016
	Nawal Alotaibi, K. Ansari	The Body Mass Index, Airflow Obstruction, Dyspnea and Exercise Capacity (BODE) Index in Chronic Obstructive	Journal of Pulmonary and Respiratory Medicine (2016)



		Pulmonary Disease for Saudi Population	
	K. Ansari, N. Keaney, M. Price, K. King, J Munby, A Kay, I. Taylor	Precision in Diagnosing and Classifying COPD: Comparison of Historical Height with Current Height and Arm Span to Predict FEV1	Benthamopen.com, The Open Respiratory Medicine Journal, 2012 (Bentham Science Publishers, Available online in July, 2012)
	K. Ansari, N. Keaney, I Taylor, G Burns, M Farrow.	Muscle weakness, health status and frequency of exacerbations in chronic obstructive pulmonary disease: evidence for heterogeneity?	The Postgraduate Medical Journal, (British Medical Journal, 2012)
	K. Ansari, N. Keaney, M. Shamssain, N. Keaney, M Farrow.	Hospital-at-Home care for exacerbations of chronic obstructive pulmonary disease: an observational cohort study of patients managed in hospital or by nurse practitioners in the community.	Chronic Respiratory Disease (SAGE Publication, 2009)
	K. Ansari, M. Shamssain, N.P. Keaney, M Farrow	Predictors of quality of life in chronic obstructive pulmonary disease patients with different frequency of exacerbations	Pakistan Journal of Medical Sciences 2007
	NP Keaney, K Ansari, J Munby, M Price, A Kay, IK Taylor	Ten year mortality in a primary care COPD cohort: multidimensional index BOD more discriminant than GOLD staging	Thorax, 2011, 66 (Suppl 4), A157-A157
	K Ansari, A Kay, J Munby, I Taylor, N Keaney	The annual change in BOD and BODE in patients with chronic obstructive pulmonary disease.	19th European Respiratory Society Annual Congress, 12–16 Sept 2009, Vienna, Austria.

#### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	K.Ansari, Hajed Al Otabi, Haleem Bella, Sondus Al hidrous	The valuation of multidimensional index BODAS (Body mass index, Airflow Obstruction, MRC Dyspnea, Age and Pack years) as prognostic indicators in patients with COPD in Saudi Arabia	11/01/2015



<i>Mohammad Yadak, Khalid Ansari, Omar al-Omar, Nawal Al-Onizi,, Hatem Qutub, Hajed Otaibi.</i>	<i>The Effect of Listening to Holy Quran Recitation (HQR) on Weaning Patients</i>	10/01/2016
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#### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
	Oxygen therapy Workshop	King Fahd Hospital, Dammam, KSA, Sept 2014	Guest Speaker
	Advanced Mechanical Ventilation Workshop	University of Dammam, 2014	Organizing Committee
	Gulf Thoracic Society	Dubai, March 2015	Guest Speaker
	Gulf Thoracic Society	Dubai, March 2016	Guest Speaker
	Liberation from MV	University of Dammam, 2016	Scientific Committee
	Respiratory Club Meeting	Respiratory Club, Eastern Province, 2016	Guest Speaker

#### Membership of Scientific and Professional Societies and Organizations

- The Physiological Society, UK
- European Respiratory Society
- Pakistan Medical and Dental Council

#### Teaching Activities

##### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Respiratory Diseases I (Males)	RT 313	lectures/Tutorials
	Respiratory Diseases I (Females)	RT 313	lectures/Tutorials
	Respiratory Diseases II(Males)	RT 323	lectures/Tutorials
	Respiratory Diseases II(Females)	RT 323	lectures/Tutorials
	Pulmonary Rehab (Males)	RT 414	lectures/Tutorials/Labs
	Cardiopulmonary Intensive Care (Males)	RT 423	lectures/Tutorials/Labs



Cardiopulmonary Intensive Care (Females)	RT 423	lectures/Tutorials/Labs
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**Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)**

1	Respiratory Diseases I: This course provides them with an overview of some respiratory diseases including infective, restrictive, genetic and neoplastic lung diseases. Students will become a quested with the pathogenesis, pathophysiology, clinical pictures, and investigations procedure in line of treatment of these diseases.
2	Respiratory Diseases II: This course provides them with an overview of some respiratory diseases including infective, restrictive, genetic and neoplastic lung diseases. Students will become a quested with the pathogenesis, pathophysiology, clinical pictures, and investigations procedure in line of treatment of these diseases.
3	Pulmonary Rehabilitation: This course is designed to provide students knowledge on the setting, components, and importance of pulmonary rehabilitation program in chronic respiratory diseases and cardiopulmonary diseases Students will also have an opportunity of have field visits of local pulmonary rehabilitation centres to get hand on experience on the nature of the program.
4	Cardiopulmonary Intensive Care : This course provides the students with core knowledge with different essential monitoring and diagnostic techniques and modalities for patients with cardiopulmonary disorders in the intensive care unit.

**Postgraduate**

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Not applicable	Not applicable	Not applicable
	Not applicable	Not applicable	Not applicable

**Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)**

1	Not applicable
2	Not applicable

**Course Coordination**

#	Course Title and Code	Coordination	Co-coordination	Undergrad .	Postgrad.	From	to
	Pulmonary Rehab (Females) RT 414	✓		✓		September , 2016	To date
	Cardiopulmonary Intensive Care (Females) RT 423	✓		✓		September , 2013	To date



#### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
	4	4	01/2014	06/2014
	4	4	01/2014	06/2014
	4	4	01/2015	06/2015

#### Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date
	Masters	Masters in Health Sciences	University of Chester	2015

#### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
	4	3	11/2015	06/2016

#### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

##### Committee Membership

#	From	To	Position	Organization
1	NCAAA, October,2015	To date	Chairman	University of Dammam
2	Research Project Committee September 2013	To date	Member/Coordinator	University of Dammam
3	CAMS, Research Committee	To date	Member	University of Dammam

#### Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Statistical Software
2	Computer, Information technology, technical

#### Last Update

4/12/2016