



# Saad Mohammed Alsaadi

PhD

## Personal Data

Nationality | Saudi

Date of Birth | 31/07/1973

Department | physiotherapy

Official UoD Email | ssaadi@uod.edu.sa

Office Phone No. | 0133331260

## Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓
Others	None		

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2013	PhD, Musculoskeletal Physiotherapy	Faculty of Medicine, the University of Sydney.	Sydney, Australia
2005	Master of Science, Management of Childhood Disability.	The University of Southampton, UK.	Southampton, UK.
1997	Bachelor, Rehabilitation Sciences, Physiotherapy.	King Saud University.	Riyadh, Saudi Arabia.

## PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	Impact of low back pain on sleep quality- a bidirectional relationship
Master	Experience of parents of children with disability in Saudi Arabia.
Fellowship	None



### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Assistant Professor	Physiotherapy Department, College of Applied Medical Sciences, The Immam Abdulrahman University, Dammam. Saudi Arabia.	May 2013- present
Consultant physiotherapist	Physiotherapy Department, King Fahd University Hospital. The Immam Abdulrahman University, Dammam. Saudi Arabia.	August 2000- present
Physiotherapist	Physiotherapy Department, King Fahd Military Medical Complex, Dhahran, Saudi Arabia.	October 1998 – July 2000
Physiotherapist	Physiotherapy Department, King Abdul-Aziz Airbase Hospital, Dhahran Saudi Arabia.	November 1997- September 1998

### Administrative Positions Held:

Administrative Position	Office	Date
Director	Physiotherapy Department, King Fahd University Hospital. The Immam Abdulrahman University, Dammam. Saudi Arabia.	June 2014- present
Department supervisor	Physiotherapy Department, King Fahd University Hospital. The Immam Abdulrahman University, Dammam. Saudi Arabia.	May 2005- April 2009

### Scientific Achievements

#### Published Refereed Scientific Researches

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Saad M Alsaadi, James H McAuley, Julia M Hush, Serigne Lo, Delwyn J Bartlett, Ronald R Grunstein, Chris G Maher.	The Bidirectional Relationship between Pain Intensity and Sleep Disturbance/Quality in Patients with Low Back Pain.	The Clinical Journal of Pain June 2014.
2	Saad M Alsaadi, James H McAuley, Julia M Hush, Serigne Lo, Chung-Wei Christine Lin, Christopher M Williams, Christopher G Maher.	Poor sleep quality is strongly associated with subsequent pain intensity for patients with acute low back pain.	Arthritis and Rheumatology May 2014.
3	Alsaadi SM, McAuley JH, Hush JM, Bartlett DJ, McKeough ZM, Grunstein RR, Dungan GC, Maher CG.	Assessing Sleep Disturbance in Low Back Pain: The Validity of Portable Instruments	PLOS ONE April 2014.
4	Saad M Alsaadi, James H McAuley, Julia M Hush, Delwyn J Bartlett, Nicholas Henschke, Ronald R Grunstein, Chris G Maher	Detecting insomnia in patients with low back pain: accuracy of four self-report sleep measures.	BMC Musculoskeletal Disorders December 2013.
5	Alsaadi S, McAuley J, Hush J, Maher C	Prevalence of sleep disturbance in patients with low back pain.	European Spine Journal May 2012



### Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date
	None			

### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Saad M Alsaadi, James H McAuley, Julia M Hush, Serigne Lo, Delwyn J Bartlett, Ronald R Grunstein, Chris G Maher	The Bidirectional Relationship between Pain Intensity and Sleep Disturbance/Quality in Patients with Low Back Pain.	The International Low Back Pain Forum. Campos De Jordao. Sao Paolo, Brazil. (2014)
2	Alsaadi SM, McAuley JH, Hush JM, Maher CG	Sleep disturbance in patients with low back pain.	The Australian Physiotherapy Association Conference. Brisbane, Australia. (2012)
3	Alsaadi SM, McAuley JH, Hush JM, Maher	Prevalence of sleep disturbance in patients with low back pain.	The International Low Back Pain Forum. Melbourne, Australia. (2011)

### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Alsaadi S (non-funded project)	Evidence-based practice: experience of Saudi physiotherapists.	Dec. 2016

### Current Researches

#	Research Title	Name of Investigator(s)
	Do we really need electrical therapy in patient's care	Alsaadi S
	The influence of use Neuromuscular Electrical Stimulation on hand function in the children with spastic cerebral palsy?	Almuslem Z and Alsaadi S
	Effects of Combined Pelvic Floor Exercises versus Combined Exercises with Bladder Training on Female Urge Urinary Incontinence	AL-Jumaei N and Alsaadi S



### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Saad M Alsaadi, James H McAuley, Julia M Hush, Serigne Lo, Delwyn J Bartlett, Ronald R Grunstein, Chris G Maher	The Bidirectional Relationship between Pain Intensity and Sleep Disturbance/Quality in Patients with Low Back Pain.	The International Low Back Pain Forum. Campos De Jordao. Sao Paolo, Brazil. (2014)
2	Alsaadi SM, McAuley JH, Hush JM, Maher CG	Sleep disturbance in patients with low back pain.	The Australian Physiotherapy Association Conference. Brisbane, Australia. (2012)

### Membership of Scientific and Professional Societies and Organizations

- None

### Teaching Activities

#### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	<b>Electrophysical Agents I.</b>	PT 216	1 hr theoretical & 2 hrs lab
2	<b>Electrophysical Agents II</b>	PT 225	1 hr theoretical & 2 hrs lab

#### Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

1	<p><b>Electrophysical Agents I. 1<sup>st</sup> semester.</b></p> <p>This course provides students with principles underlying the use of thermal agents and electromagnetic modalities. The course also demonstrates safe and effective application of several modalities used in patient's care.</p>
2	<p><b>Electrophysical Agents II. 2<sup>nd</sup> semester 2014- 2016.</b></p> <p>This course is a continuation of Electrophysical agents I. It provides students information about physical and physiological principles, therapeutic effects, indications, contraindications, dangers, and precautions of low, medium, and high frequency modalities. Use of EMG and biofeedback, ultrasound, phonophoresis, and compression therapy unit are also demonstrated.</p>



### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
	None			

### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
	Master	The influence of use Neuromuscular Electrical Stimulation on hand function in the children with spastic cerebral palsy	The Immam Abdurrahman University-Dammam	2015
	Master	Effects of Combined Pelvic Floor Exercises with Bladder Training versus Pelvic Floor Exercises on Female Urge Urinary Incontinence.	The Immam Abdurrahman University-Dammam	2015
	Master	Efficacy of Magnetic Therapy for Patients with Chronic Low Back Pain.	The Immam Abdurrahman University-Dammam	2015
	Master	Effects of Supervised Exercises on Pressure distribution of Flat Foot Patients.	The Immam Abdurrahman University-Dammam	2015

### Supervision of Master and/or PhD Thesis

#### Administrative Responsibilities, Committee and Community Service

##### Administrative Responsibilities

#	From	To	Position	Organization
	June 2014	present	Director	Physiotherapy Department, King Fahd University Hospital. The Immam Abdulrahman University, Dammam. Saudi Arabia.

##### Committee Membership

#	From	To	Position	Organization
	August	Present	Committee member for PhD program at musculoskeletal division	College of Applied Medical Sciences. The Imam Abdulrahman University, Dammam. Saudi Arabia.

##### Scientific Consultations

#	From	To	Institute	Full-time or Part-time
	December 2015	June 2015	The security Forces Hospital- Dammam	Part time



Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	MedCalc Statistical software
2	SPSS Statistical software

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Last Update

January/ 2017