



# Nouf Adel AlShamlan

**POSITION:** Assistant Professor

## Personal Data

Nationality | Saudi

Date of Birth |26/09/1988

Department |Family and Community medicine

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## Language Proficiency

Language	Read	Write	Speak
Arabic	Native	Native	Native
English	Fluent	Fluent	Fluent
Others	None	None	None

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
15/4/2018	Arab Board in Family Medicine	Arab Council for Health Specialties	Saudi Arabia
4/12/2017	Saudi Board in Family Medicine	Saudi Commission for Health Specialties	Saudi Arabia
6/6/2012	Bachelor degree in medicine and surgery	University of Dammam	Saudi Arabia

## PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	Arab Board in Family Medicine Saudi Board in Family Medicine (SBFM)
Master	
Fellowship	



### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date	
Assistant professor	Family & community medicine	Imam Abdulrahman bin Faisal university, Saudi Arabia	From 1439	To current
Demonstrator	Family & community medicine	Imam Abdulrahman bin Faisal university, Saudi Arabia	From 1434	To 1439

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Moneera M. Al-Shawi, Magdy A. Darwish, Moataza M. Abdel Wahab, <u>Nouf A. Al-Shamlan</u>	Misconceptions of Parents about Antibiotic use in Upper Respiratory Tract Infections: A survey in Primary Schools of the Eastern Province, KSA	journal of family and community medicine Jan 5, 2018
2	<u>Nouf A. Al-Shamlan</u> , Nithya Jayaseeli, Moneera M. Al-Shawi, Abdullah S. Al-Joudi	Are nurses verbally abused? A cross-sectional study of nurses at a university hospital, Eastern Province, Saudi Arabia	journal of family and community medicine August 31, 2017

#### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Nouf A. Al-Shamlan, Nithya Jayaseeli, Moneera M. Al-Shawi, Abdullah S. Al-Joudi	Are nurses verbally abused? A cross-sectional study of nurses at a university hospital, Eastern Province, Saudi Arabia	The international nursing conference 22-24/11/2018
2	Nouf A. Al-Shamlan, Nithya Jayaseeli, Moneera M. Al-Shawi, Abdullah S. Al-Joudi	Are nurses verbally abused? A cross-sectional study of nurses at a university hospital, Eastern Province, Saudi Arabia	First family medicine symposium 2018 for scientific research 19-20/2/2018
3	Nouf A. Al-Shamlan, Nithya Jayaseeli, Abdullah S. Al-Joudi	workplace violence among physicians and nurses in King Fahd Hospital of the University, al-Khobar, Saudi Arabia, 2015	6th MNG-HA research day 30/4/2017
4	Nouf A. Al-Shamlan, Nithya Jayaseeli, Abdullah S. Al-Joudi	workplace violence among physicians and nurses in King Fahd Hospital of the University, al-Khobar, Saudi Arabia, 2015	3rd SCHS International Medical Education Conference (IMEC 2017) 12-13/4/2017
5	Nouf A. Al-Shamlan, Nithya Jayaseeli,	workplace violence among physicians and nurses in King Fahd	The 4th International Family Medicine Conference&Exhibition



Abdullah S. Al-Joudi	Hospital of the University, al-Khobar, Saudi Arabia, 2015	6-8/3/2017
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### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Nouf A. Al-Shamlan, Nithya Jayaseeli, Abdullah S. Al-Joudi	workplace violence among physicians and nurses in King Fahd Hospital of the University, al-Khobar, Saudi Arabia, 2015	August, 2016

### Current Researches

#	Research Title	Name of Investigator(s)
	Workplace violence in Saudi hospitals; a review article	Nouf A. Al-Shamlan

### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	The international nursing conference	Al-Khobar, KSA Nov. 2018	Attendance/ speaker
2	Mentor training workshop	Al-Khobar, KSA Nov. 2018	Attendance
3	International open forum discussion " Best Practice in Finnish Education"	Al-Khobar, KSA Nov. 2018	Attendance
4	Health Project Management	Al-Khobar, KSA Oct. 2018	Attendance
5	Health Leaders Symposium in the Eastern Region	Al-Khobar, KSA Oct. 2018	Attendance
6	Developing Core Competencies in Teaching and Learning for Faculty Memers	Al-Khobar, KSA Aug. 2018	Attendance
7	Achieving excellence in graduate education	Al-khobar, KSA Apr 2018	Attendance
8	Constructing MCQs and EMQs	Dammam, KSA Mar 2018	Attendance
9	Item Analysis Report and Interpretation	Dammam, KSA Mar 2018	Attendance
10	Training the trainee workshop six - TOT on the go	al-Khobar, KSA Mar 2018	Attendance
11	First Family Medicine Symposium; For Scientific Research 2018	Dammam, KSA Mar 2018	Attendance Speaker
12	Forensic Medicine	al-Khobar, KSA Mar 2018	Attendance



13	12th Hot Topics in Pediatrics	al-Khobar, KSA Mar 2018	Attendance
14	6 <sup>th</sup> MNG-HA research day	Hassa, KSA May 2017	Attendance Poster presenter
15	The 4th International Family Medicine Conference&Exhibition	Dubai, UAE Mar 2017	Attendance Poster presenter
16	Publishing your Research	al-Khobar, KSA Jan 2017	Attendance
17	Workshop of Trainers in Family Medicine	al-Khobar, KSA Mar 2016	Attendance
18	The 12 <sup>th</sup> Scientific Forum 'Family Practice the Ultimate Solution'	al-Khobar, KSA Mar 2016	Attendance
19	Research to Publication; How to Maximize the Chances of Publishing Medical Re-search	al-Khobar, KSA Oct 2015	Attendance
20	SDEA Diabetes Education&Training (DET)	alJubail, KSA Sep 2015	Attendance
21	Protecting Human Research Participants	Web-based training course July 2015	Attendance
22	4 <sup>th</sup> Domestic Violence and Neglect Conference	Dhahran, KSA Apr 2015	Attendance
23	9 <sup>th</sup> Hot Topics in Pediatrics	al-Khobar, KSA Mar 2015	Attendance
24	Basic Infection Control Practice	Dammam, KSA Feb 2015	Attendance
25	Family Medicine Research Day	Dhahran, KSA Oct 2014	Attendance
26	3 <sup>rd</sup> Update Symposium in Pediatrics and Neonatology	al-Khobar, KSA Sep 2014	Attendance
27	Family Medicine and Primary Care	al-Khobar, KSA May 2013	Attendance
28	Introduction to Clinical Research Course and Workshop	Dammam, KSA May 2013	Attendance
29	The Saudi Hypertension Conference 2013	Qatif, KSA Apr 2013	Attendance
30	Evidence Based Workshop	al-Khobar, KSA Apr. 2013	Attendance
31	20 <sup>th</sup> Diabetic Care Course	al-Khobar, KSA Mar. 2013	Attendance
32	The 10th International Scientific Conference for the Saudi Society of Family and Community Medicine "Young People's Health Conference, the Prospect in GCC"	Riyadh, KSA Mar. 2013	Attendance
33	7 <sup>th</sup> Hot Topics in Pediatrics	al-Khobar, KSA Mar. 2013	Attendance
34	Research Methodology Course	al-Khobar, KSA Feb 2013	Attendance
35	Osteoporosis update workshop	al-Khobar, KSA Feb 2013	Attendance
36	The International Exhibition and Forum for Education 2013	Riyadh, KSA Feb 2013	Attendance
37	Criminal Procedures in Cases of Child Abuse	Riyadh, KSA	Attendance



		Feb 2013	
38	The Antimicrobial Workshop	Qatif, KSA Jan 2013	Attendance
39	Electronic Resources for Evidence Based Health Practice	Riyadh, KSA Dec 2012	Attendance
40	Evidence Based Practice Specialized Workshop	al-Khobar, KSA Dec 2012	Attendance
41	23 <sup>rd</sup> Scientific Meeting in Internal Medicine on Hematology and Oncology	al-Khobar, KSA Nov 2012	Attendance
42	2 More Minutes Save My Life, Breast Cancer Symposium For Primary Care Physicians	al-Khobar, KSA Nov 2012	Attendance
43	The Clinical Bedside Skills	al-Khobar, KSA Oct 2012	Attendance
44	Basic Surgical Skills Course	al-Khobar, KSA Oct 2012	Attendance
45	Community Medicine Day 2012	Dhahran, KSA Sep 2012	Attendance
46	Clinically Relevant Update in Pathology	al-Khobar, KSA Apr 2012	Attendance
47	Basic ECG Workshop	al-Khobar, KSA Apr 2012	Attendance
48	International Cancer Care Conference	al-Khobar, KSA Mar 2010	Attendance
49	3 <sup>rd</sup> International Scientific Conference "Genitourinary Cancer"	al-Khobar, KSA Apr 2009	Attendance

## Membership of Scientific and Professional Societies and Organizations

- Saudi society of family and community medicine

## Teaching Activities

### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Practice of clinical medicine – II	MED 501	Lectures: 11 Tutorials: 3 Clinical teaching: 64 Examiner in OSCE: 2
2	Clinical skills tutorials	MED 201	Tutorials: 8
3	Ethics, professionalism and law	MED 201	Lectures: 2
4	Evidence based clinical practice	MED 401	Lectures: 4
5	Health enhancement – theme 1	MED 401	Lecture:1 Tutorial: 1
6	Family medicine research field for the fourth year medical students 1439	MED 301	Groups Supervision
7	Family medicine research field for the fourth year medical	MED 301	Groups Supervision



	students 1438		
8	Family medicine research field for the fourth year medical students 1437	MED 301	Groups Supervision
9	3rd year Medical students clinical teaching	MED 301	Clinical teaching

### Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

MED 501 course: Given to 5<sup>th</sup> year medical students, 4 batches throughout the year ( 2 females and 2 males groups), I was course coordinator for one batch, I participated in lectures, tutorials, clinical teaching, and OSCE exam for all batches

MED 201 course: Given to 2<sup>nd</sup> year medical student. The purpose of the course is to teach medical students about how to take proper history, examination, and data interpretation of different body systems. I was coordinator for the female batch. I participated in 4 clinical sessions.

MED 401(Evidence based clinical practice course): Given to 4<sup>th</sup> year medical students. I participated in 4 lectures. The aim of this course is to teach medical students about EBM, how to criticize different types of articles.

MED 401 (Health enhancement): Given to 4<sup>th</sup> year medical students. I participated in one lecture and one tutorial.

MED 301 (Family medicine research field): given to 4<sup>th</sup> year medical students. it includes proposal writing, health education through exhibition, participation in the research ( by literature review, data collection, analysis, interpretation of the results, and presenting the results )

### Postgraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Medical interns clinical teaching		Supervision and teaching in the clinics
2	Portfolio assessment for Saudi board of family medicine residents in the clinics(SDL,DOPs ..)		Supervision and evaluation
3	Portfolio assessment for Imam Abdulrahman bin Faisal University Fellowship of family medicine Residents in the clinics (SDL,DOPs ..)		Supervision and evaluation
4	Supervision meetings with Imam Abdulrahman bin Faisal University Fellowship of family medicine residents		Supervision and evaluation
5	Supervision meetings with the Saudi board of family medicine residents		Supervision and evaluation
6	Clinical training the Saudi board of family medicine residents in the clinics ( level R1, R2, R3, and R4)		Supervision and teaching in the clinics
7	Clinical training the Imam Abdulrahman bin Faisal University Fellowship of family medicine residents (Level R1,R2)		Supervision and teaching in the clinics
8	Half day release activity for the Saudi board of family medicine residents( level R1, R2, R3, and R4)		Supervision and lectures presentation



9	Half day release activity for the Imam Abdulrahman bin Faisal University Fellowship of family medicine residents		Supervision and lectures presentation
10	Foundation course for Imam Abdulrahman bin Faisal University Fellowship of family medicine Residents and the Saudi board of family medicine residents		Supervision and lectures presentation
11	OSCE and oral for Imam Abdulrahman bin Faisal University Fellowship of family medicine residents		Examiner and organizer
12	OSCE and oral for the Saudi board of family medicine residents		Examiner and organizer
13	Admission interview for the selection of new Saudi board residents		Interviewer
14	Admission interview for the selection of new Imam Abdulrahman bin Faisal University Fellowship of family medicine residents		Interviewer

### Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)

Contributing in most postgraduate teaching in both Saudi board of family medicine and Imam Abdulrahman bin Faisal University Fellowship of family medicine. Mainly in the half day release activities, tutorials, portfolio assessment, supervision meetings, clinical teaching and supervision in the clinics  
Participating in OSCE and oral exams as an examiner or organizer  
Contributing in clinical teachings for interns

### Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	To
1	Foundation course: clinical skill lab MED 201	√		√		2018	Current
2	Foundation course: clinical skill lab MED 301	√		√		2018	Current
3	Practice of clinical medicine – II (MED 501)		√	√		2018	Current
4	Morning report/post clinic activity	√			√	2018	current
5	Academic half day activity for the postgraduate (IAU-FFM)	√			√	2018	current
6	Foundation course: primary care placement MED 201	√		√		2018	current
7	Family medicine continuity clinic and rotation (for IAU-	√			√	2018	current



	FFM)					
8	Clinical skills course for the postgraduate (IAU-FFM)	√			√	2018 current
9	Portfolio (for IAU-FFM)	√			√	2018 current

### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To
1	Level 1 IAU FFM	2	2018	2019
2	Level 2 IAU FFM	1	2018	2019
3	Level 1 SBFM	1	2018	2019
4	Level 1 SBFM	1	2018	2018
5	Level 2 SBFM	3	2018	2018
6	Level 3 SBFM	1	2018	2018
7	Level 1 IAU FFM	2	2017	2018

### Committee Membership

#	From	To	Position	Organization
1	2018	current	Member	Ethics committee at King Fahd Hospital of the University

### Volunteer Work

#	Date	Type of Volunteer	Organization
1	Dec 2018	International Day of People with Disability	the Saudi Society of Family and Community Medicine and department of Family and Community medicine at Imam Abdulrahman bin Faisal University, Khobar, Saudi Arabia
2	Mar 2016	Women's Health Activity Campaign organizer + speaker	the Joint Program of Family Medicine, Eastern Province Held at King Fahd Hospital of the University, Khobar
3	Mar 2016	The 12 <sup>th</sup> Scientific Forum 'Family Practice the Ultimate Solution' Organizer	the Saudi Society of Family and Community Medicine and department of Family and Community medicine at University of Dammam, Khobar, Saudi Arabia
4	Nov 2014	Diabetes Day Campaign organizer + speaker	Family and Community Medicine department King Fahad Military Medical Complex, Dhahran
5	May 2013	Family Medicine and Primary Care Conference organizer	the Saudi Society of Family and Community Medicine
6	May 2013	Women's' Health Campaign organizer + speaker	Obstetrics and Gynecology department King Fahad Hospital of the University, Khobar
7	Apr 2013	Know Your Medicine Campaign organizer + speaker	the Saudi Society of Family and Community Medicine
8	Apr 2013	Pediatric Health Awareness Week 2013 organizer + speaker	pediatric department King Fahad Hospital of the University, Khobar
9	Mar 2013	7 <sup>th</sup> Hot Topics in Pediatrics organizer	pediatric department King Fahad Hospital of the University, Khobar



10	Feb 2013	Diabetes and Obesity Awareness Campaign 2013 organizer + speaker	Internal Medicine department King Fahad Hospital of the University, Khobar
11	Nov 2012	Vitamin D Deficiency Campaign Speaker	Royal commission hospital, Jubail
12	Nov 2012	Mizan Campaign Speaker	2nd secondary school, Jubail
13	Oct 2012	Pink Eastern Campaign 4 Organizer	Royal Commission Hospital, Jubail
14	Sep 2012	Saudi Society of Family and Community Medicine activity "Community Medicine Day 2012" Organizer	Saudi Society of Family and Community Medicine Dhahran
15	Mar 2010	International Cancer Care Conference (Organizer)	Saudi cancer foundation, Khobar

**Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)**

1	Microsoft excel, word, PowerPoint and Access
2	SPSS software

**Last Update**

24/11/2018