



## FACULTY FULL NAME:

Yasmin Yussuf Al-Gindan

### POSITION:

Assistant professor

### Personal Data

Nationality | Saudi  
Department | Clinical nutrition  
Official UoD Email | [yygindan@iau.edu.sa](mailto:yygindan@iau.edu.sa)  
Office Phone No. | 31324

### Language Proficiency

Language	Read	Write	Speak
Arabic	Arabic	Arabic	Arabic
Excellent	Excellent	Excellent	Excellent
Others			

### Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
1996	Bachelor	King Faisal university	Dammam
2007	masters	University of Manitoba	Canada
2014	Higher diploma	University of Glasgow	UK
2016	Doctoral	University of Glasgow	UK

### PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	<i>Estimation of whole body muscle, adipose/fat mass, validation in health and during weight loss. Development of prediction equations using MRI as reference method</i>
Master	<i>Intestinal Inflammation in Rats Induces Metallothionein in Colonic Submucosa</i>

### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date
Assistant Prof	Clinical Nutrition	University of Dammam	2016-present



Lecturer	Clinical Nutrition/Nursing	University of Dammam	2009-2010
Demonstrator	Collage of nursing	University of Dammam	2008-2009

### Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Head of department	31324	Present

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
	<i>Anna Peeters, Stephanie Tanamas, Emma Gearon, Yasmin Al-Gindan, Michael E. J. Lean</i>	<i>Beyond BMI: How to Capture Influences from Body Composition in Health Surveys</i>	<i>Curr Nutr Rep, 2016</i>
	<i>Al-Gindan YY, Hankey C, Govan L, Gallagher D, Heymsfield SB, Lean MEJ.</i>	<i>Derivation and validation of simple anthropometric equations to predict adipose tissue mass and total fat mass with MRI as reference method</i>	<i>BJN, 2015</i>
	<i>Al-Gindan YY, Hankey C, Govan L, Gallagher D, Heymsfield SB, Lean MEJ..</i>	<i>Derivation and validation of simple equations to predict total muscle mass from simple anthropometric and demographic data.</i>	<i>Amer J Clin Nutr, 2013</i>
	<i>Al-Gindan YY, Hankey C, Leslie W, Govan L, Lean MEJ.</i>	<i>Predicting muscle mass from anthropometry, using magnetic resonance imaging (MRI) as reference: a systematic review.</i>	<i>Nutrition Reviews, 2013</i>
	<i>Al-Gindan Y, Shawarby M, Noto A, Taylor CG</i>	<i>Intestinal inflammation in rats induces metallothionein in colonic submucosa</i>	<i>J Clin Biochem Nutr, 2009</i>

#### Refereed Scientific Research Papers Accepted for Publication



#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date

### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date

### Current Researches

#	Research Title	Name of Investigator(s)
	Nutritional assessment of children with and without down syndrome compared to children without down syndrome in Saudi Arabia	Naemah Aldarwish, Dhay Alqussair, Afnan Alsaab, Yasmin Algindan
	Association of BMI, waist circumference, body fat and skeletal muscle with type 2 diabetes in adults	Han TS, Algindan Y, Govan L, Hankey CR, Lean MEJ

### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
	Obesity week	11/11/2018	Author

### Membership of Scientific and Professional Societies and Organizations

- Nutrition society

- 

### Teaching Activities

#### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution



			(no. of lectures/Tutorials. Or labs, Clinics)
1	Basics of human nutrition	NUTR231	All course lecturer and coordinator
2	Malnutrition disease	NUTR316	All course lecturer and coordinator
3	Nutritional Assessment	NUTR326	Lecturer and coordinator
4	Functional foods	NUTR426	All course lecturer and coordinator

**Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)**


**Postgraduate**

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1			
2			

**Brief Description of Postgraduate Courses Taught: (Course Title – Code: Description)**

1	
2	

**Course Coordination**

#	Course Title and Code	Coordinati on	Co-coordination	Undergr ad.	Postgrad .	From	To
1	NUTR231			YES			
2	NUTR316			YES			
3	NUTR326			YES			
4	NUTR426			YES			

**Guest/Invited Lectures for Undergraduate Students**

#	Activity/Course Title and Code	Subject	College and University or Program	Date

**Student Academic Supervision and Mentoring**

#	Level	Number of Students	From	To
---	-------	--------------------	------	----




### Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
	<b>Bachelor</b>	<b>Nutritional assessment of children with and without down syndrome compared to children without down syndrome in Saudi Arabia</b>	Imam Abdulrahman University	<b>05/2018</b>

### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

#### Administrative Responsibilities

#	From	To	Position	Organization
	<b>03/2018</b>	<b>present</b>	<b>HOD clinical nutrition</b>	<b>Imam Abdulrahman bin Faisal university</b>

#### Committee Membership

#	From	To	Position	Organization
	<b>10/2017</b>	<b>present</b>	<b>Coordinator of CAMS web site</b>	<b>Imam Abdulrahman bin Faisal university</b>
	<b>4/2018</b>	<b>present</b>	<b>Member of CAMS research committee</b>	<b>Imam Abdulrahman bin Faisal university</b>
	<b>5/2018</b>	<b>Present</b>	<b>Member of demonstrators and lecturer hiring committee</b>	<b>Imam Abdulrahman bin Faisal university</b>



### Scientific Consultations

#	From	To	Institute	Full-time or Part-time

### Volunteer Work

#	From	To	Type of Volunteer	Organization
	1990	Present	Member of orphan support committee	Jamia Fatat Alkhleej, Alkhobar

### Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	
2	

---

### Last Update

17./05/2018

