



Raghad AlHotheyfa

Position: Lecturer, Academic Coordinator

Personal Data:

Nationality | Saudi

Department | Public Health

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Bio:

- Raghad has a MSc given by the institute of Health Care & Epidemiology and a BSc degree with Honors in Clinical Nutrition given by the College of Applied Medical Sciences. Raghad is currently working as Lecturer in College of Public Health, Department of Public Health.

Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Excellent	Excellent	Excellent

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2019	MSc Population Health – with Honours	University College London - UCL	London, UK
2017	BSc Clinical Nutrition – with Honours	Imam Abdulrahman Bin Faisal University - IAU	Dammam, Saudi Arabia

Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Dr. Faisal Albagmi, Lec. Raghad Alhotheyfa, Ms. Shrifah Alkhalaf, Aumnia Alzain, Reem Alzahr	Sectional Impact of COVID-19 in the Eastern Province of Saudi Arabia: The case of people with disabilities	2020
	Ghaida Alzayer, Walaa Alwazzan Dr. Faisal Albagmi, Lec. Raghad Alhotheyfa, Ms. Shrifah Alkhalaf	Impact of covid-19 in the eastern province of Saudi Arabia: the case of caregivers of children with disabilities	2020



	Raghad AlHotheyfa	A systematic Review: The prevalence of Sun Protection Behaviors Among Children and Young Adults	2019
	Raghad AlHuthayfa, Juman Alshammary, Rawan Alraimi, Sarah Alshibil	The Effect of Milk Consumption on the Severity of Asthma in Saudi Adult Asthmatic Patients	2016

On-Going Research Projects

#	Research Title	Expected End Date
1	Post-natal Depression among Women of Saudi Arabia, knowledge and awareness	TBD
2	Food safety knowledge and practices among households in Saudi Arabia	2022
3	Influence of Nutrition Information Provision in Restaurant Menus on Consumer Selection and Dietary Pattern	2022

Personal Key Competencies and Skills:

1	Mac Software and Microsoft office
2	SPSS statistical Analysis software
3	STATA
4	Qualitative data collection and analysis

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Nutrition	PUBH 313	Primary instructor/ Course coordinator
	Food Safety & Hygiene	PUBH 303	Secondary Instructor
	Infection Control	PUBH 404	Secondary Instructor
	Contemporary Public Health Issues & Challenges	PUBH 406	Guest speaker

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to
	PH students	8	2020	2021



Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
	2020	Present	Academic Coordinator	Department of Public Health

Committee Membership

#	From	To	Position	Organization
Public Health Department Alumni Committee	2021	Present	Member	DPH
Food safety Diploma Scientific committee	2021	2021	Member	Deanship of E-learning
Quality Committee	2021	present	Member	DPH
Graduate attributes development committee	2021	present	Member	DPH
Curriculum development committee	2020	present	Member	DPH
"Master of Public Health" admission committee	2018	present	Member	DPH
Community service committee	2018	2019	Member	DPH

Workshops:

#	Title	Date
	Academic Advising workshop	16/11/2021
	Teaching During an Exceptional Time – التدريس في الأوقات الاستثنائية	24/3/2020
	Using Action Research in Teaching and Assessment	12/2/2020
	تمكين الطالب من مهارات التعلم الذاتي	11/2/2020
	Providing Constructive Feedback	12/10/2020
	التعليم المبني على المخرجات	18/10/2020
	دور عضو هيئة التدريس في تطوير الأداء المهني	30/9/2020
	The Pursuit of Excellence in Mentoring in Higher Education	15/9/2020
	تطوير الكفايات الأساسية في التعليم والتعلم للأستاذ الجامعي	2018

*More workshops info can be provided upon request.

Last Update: August 2021