



FACULTY FULL NAME: SHRIFAH ABDULAZIZ ALKHALAF

POSITION: Lecturer

Personal Data

Nationality | Saudi

Date of Birth | 25/05/1994

Department | Public Health

Official UOD Email | saalkhalaf@iau.edu.sa

Office Phone No. | -

Language Proficiency

Language	Read	Write	Speak
Arabic	√	√	√
English	√	√	√
Others			

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2017	Bachelor in Clinical Nutrition	Imam Abdulrahman Bin Faisal University	Dammam, Saudi Arabia
2020	Master of Public Health	University of Glasgow	United kingdom – Scotland

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

Bachelor in Clinical Nutrition	First Honorary Degree
Master in Public Health	Upper Second-Class Honors



Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Demonstrator	University of Imam Abdulrahman Bin Faisal - College of Public Health - Department of Public Health	2017
Master	University of Imam Abdulrahman Bin Faisal - College of Public Health - Department of Public Health	2020

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
	-	-	-

Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date
	-	-	--	-

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
	-	-	-



Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date
	Saleh Ismail, Omar Abu Zaid, Shrifah Alkhalaf, Hanoof Alessa, Sara Bawazer, Sumaia Alghamdi	The Relationship Between Dietary Calcium Intake and Weight Management Among Saudi Female Adolescents	2015
	Shrifah Alkhalaf, Mike Fleming	Investigating Sociodemographic Factors Associated with Iodine Deficiency among Pregnant Women in Developing and Developed Countries: Systematic Review	2020

Current Researches

#	Research Title	Name of Investigator(s)
1	Influence of Nutrition Information Provision in Restaurant Menus on Consumer Selection and Dietary Pattern	Rabie Khattab, Arafat Mohammed, Reham Shawky, Hanoof Alessa, Shrifah Alkhalaf, Raghad Alhotheyfa

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution

Membership of Scientific and Professional Societies and Organizations

#	Society name	Date



Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Health education and promotion	PUBH-225	Lectures/Tutorials
	Nutrition	PUBH-313	lectures
	Global Health	PUBH - 410	Lectures
	Applied Epidemiology	PUBH - 311	Lecture/Lab

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

Applied Epidemiology (PUBH -311)	This course built on the principle epidemiology and focuses on the applied aspects of epidemiology and provides knowledge and skills necessary for the practice of epidemiological approaches, investigation and control for the public health problems and health promotion. Topics include basic concepts, description and analysis of epidemiologic data of the common diseases and health related status, epidemic investigation, epidemic control, surveillance methodology, water-borne, food-borne, and vector-borne diseases epidemiology and application.
Global Health (PUBH -410)	This course examines major global health challenges, programs and policies. You will be introduced to the world's vast diversity of determinants of health and disease. You will analyse current and emerging global health priorities, including emerging infectious diseases, poverty, conflicts and emergencies, health inequity, health systems reforms, and major global initiatives for disease prevention and health promotion.
Nutrition (PUBH -313)	The course will introduce students to the role of nutrition and poor diet and their impact on health and diet related diseases such as diabetes, cardiovascular diseases and cancer.
Health education and promotion (PUBH – 225)	This course is designed to meet the growing demand for health promotion/education in organizations and communities in the public and private sectors. In this course, students will learn about health promotion/education concepts, frameworks and core skills to increase the success of their health promotion practice.

Postgraduate

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	to
	--	-	-	-	-	-	-

Guest/Invited Lectures for Undergraduate Students



#	Activity/Course Title and Code	Subject	College and University or Program	Date
	-		-	-

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	to

Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date
	--	-	-	-

Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
1	Bachelor Degree (Graduation project)	The prevalence of eating disorders and associated risk factors in eastern province	Imam Abdulrahman Bin Faisal University	SEP 2021
2	Bachelor Degree (Done-Graduation project)	Impact of covid-19 in the eastern province of Saudi Arabia: the case of caregivers of children with disabilities	Imam Abdulrahman Bin Faisal University	2020
3	Bachelor Degree (Done - Graduation project)	Sectional Impact of COVID-19 in the Eastern Province of Saudi Arabia: The case of people with disabilities	Imam Abdulrahman Bin Faisal University	2020



Administrative Responsibilities, Committee and Community Service
(Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
	Sep 2021	-	Chair of Alumni Committee, Department of Public Health	Imam Abdulrahman Bin Faisal University
	Sep 2021	-	Coordinator - Internship Committee, Department of Public Health	Imam Abdulrahman Bin Faisal University
	Mar 2021	-	Electronic correction of OMR Sheets Committee	Imam Abdulrahman Bin Faisal University
	Jan 2021	-	Member in College website updates	Imam Abdulrahman Bin Faisal University
	Feb 2018	Dec 2018	Coordinator - Community Services Committee, Department of Public Health	Imam Abdulrahman Bin Faisal University
	Sep 2018	Dec2018	Member in Students Council Committee, Department of Public Health	Imam Abdulrahman Bin Faisal University

Committee Membership

#	From	To	Position	Organization
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Scientific Consultations

#	From	To	Institute	Full-time or Part-time
	-	-	-	-



Volunteer Work

#	From	To	Type of Volunteer	Organization
	30 Oct 2018		Participating in "Your Health is Your Choice" activity	at Tarbya Schools in Dammam,
	10 -12 Dec 2017		Participate in "Geriatrics Health Awareness's Campaign"	King Fahad University Hospital
	Oct 2016		Participate in "Early Detection Campaign of Breast Cancer"	Imam Abdulrahman Bin Faisal University
	22 Dec 2016		Participate in "Family Medicine Diabetic Day"	King Fahad Specialist Hospital
	16-20 Apr 2016		Participating as educator in Induction Corner of the Department of Clinical Nutrition, in career day	at Dhahran International Exhibition
	7 Dec 2015		Participate in "Obesity Awareness Campaign"	Saudi Electronic University
	Oct 2014		Participating in "Early Detection Campaign of Breast Cancer"	Imam Abdulrahman Bin Faisal University
	20 Apr 2014		Participating in nutrition educational activities for the intermediate students	at eight intermediate school in ALKHOBAR
	30 Nov 2013		participated in the nutrition and obesity Campaign	in Al-Rashid Mall, Eastern Province, Saudi Arabia

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

#	Debate proficiency
#	Effective communication - Leadership
#	Microsoft Office
#	Persuasive
#	Teaching Working with a team
#	Time Management
#	Academic writing

Last Update

Dec, 2021