



Sahar Saleh Abdulaziz

Assistant professor

Personal Data

Nationality | Saudi

Date of Birth | 24 December 1985

Department | Physical Therapy

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Language Proficiency

Language	Read	Write	Speak
Arabic	Excellent	Excellent	Excellent
English	Very good	Very good	Very good

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2017	PhD in Rehabilitation Sciences	University of Pittsburgh,	Pittsburgh, United States
2012	Master of Science in Health and Rehabilitation Sciences	University of Pittsburgh,	Pittsburgh, United States
2009	Bachelor in Physical therapy	King Saud University	Riyadh, Saudi Arabia

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

PhD	The Effect of Instrumental Activities of Daily Living and Depressive Symptoms on Discharge Destination following Stroke Rehabilitation.
Master	Excellence Award for outstanding academic accomplishments as recognized by the Saudi Arabian Cultural Mission in May 24, 2014.

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Assistant professor	Imam Abdulrahman Bin Faisal University, Dammam	2018- present
Lecturer	Imam Abdulrahman Bin Faisal University, Dammam	2012 - 2017
Demonstrator	Imam Abdulrahman Bin Faisal University, Dammam	2009- 2011



Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
PT Department Coordinator (female's section)	College of Applied Medical Sciences, Building 55, office 25	2018 – present

Scientific Achievements

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Writing a competitive proposal for international cooperation	CAMS, November 2018	Attended
2	Preventing faculty Burnout, recover the joy of teaching	CAMS, October 2018	Attended
3	Principles of questions writing	CAMS, October 2018	Attended
4	Alternative & Effective Assessment Methods	CAMS, April 2018	Attended
5	10 th GCC Neurology meeting and the 24 th Saudi Neurology Society	Le Meridien Hotel, Alkhobar, February 2018	Attended
6	Combined Section Meeting 2018	New Orleans, USA	Attended & participated
7	Using Multiple Choice Items to Test Higher thinking Skills	CAMS, October 2017	Attended
8	Vestibular Rehabilitation: an advanced course and update	University of Pittsburgh, May 2016	Organizing & attended
9	Combined Section Meeting 2018	Los Angeles, USA	Attended & participated
10	The 5th Annual Current Concepts in Brain Injury Rehabilitation	Pittsburgh, USA	Attended
11	Vestibular Rehabilitation: an advanced course and update	University of Pittsburgh, May 2014	Organizing & attended
12	Entering Mentoring Training Program	Office of Science Education Outreach, Health Science at University of Pittsburgh, 2014	Attended and completed the program
13	The Aging Research Day	University of Pittsburgh, April 2014	Attended & participated
14	Combined Section Meeting 2014	Las Vegas, USA	Attended



15	Vestibular Rehabilitation: an advanced course and update	University of Pittsburgh, May 2013	Organizing & attended
16	Strategies for Improving Function in Individuals with Stroke	University of Pittsburgh, September 2012	Attended
17	Research Coordinator Orientation	University of Pittsburgh, October 2012	Attended
18	Balance Rehabilitation: Translating Research into Evidence-Based Practice	University of Pittsburgh, March 2012	Attended
19	The 4th GCC International Physical Therapy Conference	Bahrain, April 2009	Attended
20	An Intensive Training of Myofascial Trigger Point and Proprioceptive Therapy	Bahrain, April 2009	Attended
21	Stroke Rehabilitation	Armed Force Hospital – Dhahran on 7th and 8th of April 2009	Attended
22	Communication Skills in Health Professional Education	at king Fahad Hospital of the University, February 2009	Attended
23	Palm Tech from Traditional Chinese Medicine"	Imam Abdulrahman Bin Faisal Hospital on 9-11 / Jun / 2008.	Attended
24	Child Development Workshop	King Fahad Military Medical Complex, May 2008	Attended
25	Gait Deviation in Adult Neurology Patients	King Fahad Military Medical Complex, May 2008	Attended
27	Taping and Strapping	Dhahran International Hotel, Dhahran, Saudi Arabia on 28-29 / May / 2008.	Attended
28	New Horizon in Spinal Cord Injuries Rehabilitation	King Fahad Specialist Hospital, Dammam, March 2008	Attended

Membership of Scientific and Professional Societies and Organizations

- Saudi Physical Therapy Association, from 2008- present



Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
	Neurology	411	2 credit hours (4 lectures)
	Neurosurgery	412	2 credit hours (4 lectures)
	Neurological physical therapy	417	4 credit hours (4 lectures, 3 labs)
	Clinical practice III	418	15 weeks, 3 credit hours, (practical)
	PT for selected conditions	424	3 credit hours (3 lectures)
	Special Topics in Rehabilitation	425	3 credit hours (3 lectures, 2 labs)

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

Neurology- 411: The course discusses the etiology, pathology, clinical features and appropriate evaluation and management procedures for various neurological and neuromuscular conditions
Neurosurgery-412: A course that deals with the study of surgical procedures of nervous system. The course discusses the indication, description and clinical procedure for various neurological surgeries.
Neurological physical therapy-417: Neurological physical therapy is a course designed based on a structured, comprehensive approach to examine and treat adults with neurologic dysfunction.
Clinical practice III- 418: supervised clinical experience in evaluation and rehabilitation of patients with common neurological conditions.
PT for selected conditions-424: A course that deals with the study of an integrated approach to theory and practice of physical therapy in the burns, gynecology, geriatric and cancer. Other selected studies may also be included.
Special Topics in Rehabilitation-425: A course that is designed to provide an overview on a range of theoretical or applied techniques which are related to rehabilitation and physical therapy.

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Administrative Responsibilities

#	From	To	Position	Organization
1	2018	Present	Female's section Coordinator	Physical Therapy Department



Committee Membership

#	From	To	Position	Organization
1	February 2018	Present	Member in postgraduate studies and scientific research committee	CAMS, IAU
2	November 2018	Present	Member in Graduate studies and scientific research committee	PT department
3	November 2018	Present	Member in Neurology research committee	PT department
4	January 2019	Present	Member in committee of fellowship program in Neurological physical therapy	PT department

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	2013	2017	Shadowing	UPMC, Stroke Institute of Mercy Hospital
2	2013	2 days	Organizing	Carnegie Museum of Natural History (Roads of Arabia Exhibition Opening),
3	2014	1 day	Organizing	UPMC Senior Communities
4	2014	2017	Fundraising, Special events, Volunteer activities	The Islamic Center of Pittsburgh

Last Update

January 14, 2019