



# Nora Almulhim

Lecturer

## Personal Data

Nationality | Saudi

Date of Birth | January 15<sup>th</sup>, 1988

Department | Physical Therapy

Official IAU Email | Nalmulhem@iau.edu.sa

Office Phone No. | -

## Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓
Others			

## Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
June 27th. 2016	Master of Science with MERIT in Cardiorespiratory Physiotherapy	Manchester Metropolitan University, Manchester. United Kingdom	Manchester M15 6BH, United Kingdom Phone:+44 161 247 2000
January 10th, 2010	Bachelor of science in physical therapy	University of Dammam, Dammam. Saudi Arabia	King Faisal Rd, As Saif, Dammam 34212 Phone:013 333 1111

## PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

Master	The Outcomes of Physical Exercise Intervention in Mechanically Ventilated Patients Following Discharge from Intensive Care Units after a Critical Illness A Critical Review of the Literature using a Systematic Approach
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### Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date
Lecturer	IAU	Dammam, Saudi Arabia	2016-present
Demonstrator	UOD	Dammam, Saudi Arabia	2010-2016

### Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date

### Scientific Achievements

#### Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
	Walaa Elsayed, Ahmed Farrag, Qassim Muaidi and Nora Almulhim	Relationship between sagittal spinal curves geometry and isokinetic trunk muscle strength in adults	<b>European Spine Journal</b> 10 January, 2018

#### Refereed Scientific Research Papers Accepted for Publication

#	Name of Investigator(s)	Research Title	Journal	Acceptance Date

#### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
	Hala Ezz, Areej Akbar, Nora Almulhim, Hajar Almoajel and Mariam Aldwilea	Prevalence of Spinal Kyphosis in High School Female Students at Saudi Arabia, A Pilot Study	Saudi Physical Therapy Conference 2010



### Completed Research Projects

#	Name of Investigator(s) (Supported by)	Research Title	Report Date

### Current Researches

#	Research Title	Name of Investigator(s)

### Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
	Heart Disease conference	Abu Dhabi 28 October, 2017	Attendance
	Critical Care Conference	Abu Dhabi 29 October, 2017	Attendance

### Membership of Scientific and Professional Societies and Organizations

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### Teaching Activities

#### Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Normal Development	PT-314	6 Lectures and Tutorial
2	Management in Health Care Organizations	HIMT-416	8 Lectures, Tutorial and Applied scenarios.
3	Introduction to Physical Therapy	PT-215	7 Lectures and Tutorial
4	Clinical Practice I	PT-317	12 Clinical Day
5	Cardiopulmonary Physical Therapy	PT-327	9 Lectures, 9 Labs, Tutorial and Case scenario Seminar
6	Internal Medicine	PT-321	6 Lectures and Tutorial
7	Clinical Practice II	PT-328	12 Clinical Days
8	Electrophysical Agent II	PT-225	8 Lectures, 8 Labs, Tutorial And Case Scenario Seminar.





### Guest/Invited Lectures for Undergraduate Students

#	Activity/Course Title and Code	Subject	College and University or Program	Date

### Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To
	LEVEL III, Academic Performance	27 students	2016	present

### Supervision of Master and/or PhD Thesis

#	Degree Type	Title	Institution	Date

### Ongoing Research Supervision

#	Degree Type	Title	Institution	Date
	Undergraduate	Predictors of Life Satisfaction in Patients with Multiple Sclerosis In Relation To Demographic and Clinical Characteristics of Disease	Imam Abdulrahman bin Faisal University.	2018-2019

### Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

#### Administrative Responsibilities

#	From	To	Position	Organization
1	September 2018	present	Female Internship coordinator	PT Department, CAMS, IAU.
2	2016	present	Female Student Council and seminar head committee	CAMS, IAU



### Committee Membership

#	From	To	Position	Organization

### Scientific Consultations

#	From	To	Institute	Full-time or Part-time

### Volunteer Work

#	From	To	Type of Volunteer	Organization

### Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Computer skills
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### Last Update

27/01/2019