

## Ahlam Al Ghamdi

MBBS, SSCOG, ABOG

Assistant Professor

Department of Obstetrics and Gynecology

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### PERSONAL DATA

<b>Full Name:</b>	Ahlam <small>First</small>	Abdullah <small>Father</small>	AbdulRahman <small>Grandfather</small>	Al-Ghamdi <small>Family Name</small>
	الغامدي <small>اسم العائلة</small>	عبدالرحمن <small>اسم الجد</small>	عبدالله <small>اسم الاب</small>	أحلام <small>الاسم الأول</small>
<b>Nationality:</b>	Saudi			
<b>Date of Birth:</b>	3 <small>D</small>	0 <small>D</small>	/	0 <small>M</small>
	4 <small>M</small>	/	1 <small>Y</small>	9 <small>Y</small>
			7 <small>Y</small>	3 <small>Y</small>
<b>Place of Birth:</b>	Mecca			
<b>Marital Status:</b>	Married			
<b>UD Employee ID:</b>	653195		<b>Date of Joining:</b>	13/3 /1420 (June 1999)
<b>Department:</b>	Obstetrics and Gynecology			
<b>Official UD email:</b>	<a href="mailto:aaghamdi@ud.edu.sa">aaghamdi@ud.edu.sa</a>		<b>Other email:</b>	<a href="mailto:ahlamaag@yahoo.com">ahlamaag@yahoo.com</a>
<b>Office Tel. No.</b>	0138966666 ext 3179			
<b>Mobile No.</b>	0505908042			
<b>Home Tel. No.</b>	0138573437			

### Language Proficiency:

Language:	Read	Write	Speak
<b>Arabic</b>	*	*	*
<b>English</b>	*	*	*

### ACADEMIC QUALIFICATIONS: (beginning with the most recent)

Date	Academic Degree	Specialty	Institute	Country
July, 2008	Subspeciality	Recurrent Miscarriage	Imperial College London, St Mary's Hospital	United kingdom
July, 2007	Fellowship	Reproductive Endocrinology and Infertility	King Faisal specialist hospital and research center in Riyadh	Saudi Arabia
December, 2004	Saudi Board	Obstetrics and Gynecology	King Fahad Hospital of the university , AlKhubar	Saudi Arabia
December, 2004	Arab Board	Obstetrics and Gynecology	King Fahad Hospital of the university , AlKhubar	Saudi Arabia
September, 1998	Internship	MBBS	King Fahad Hospital of the university , AlKhubar	Saudi Arabia
June, 1997	MBBS	MBBS	King Faisal University, College of Medicine and Medical Sciences	Saudi Arabia

### PhD, Master or Fellowship research title: (Academic honors or distinctions)

<b>Fellowship:</b>	The effect of endometrial thickness on pregnancy outcome in IVF/ICSI cycles
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## PROFESSIONAL RECORD:(beginning with the most recent)

### University Appointments

From	to	Academic Posts	Specialty/Department	Institute&Country
2008	date	Assistant Professor	Obstetrics and Gynecology	UoD, Saudi Arabia
2008	2012	Resident Program Director	Obstetrics and Gynecology	UoD, Saudi Arabia

### Hospital Appointments

from	to	Hospital Title	Institution
2008	date	Consultant OB/Gyn	King Fahad hospital of the university
<b>Specialty:</b>	Obstetrics and Gynecology		
<b>Subspecialty:</b>	Reproductive Endocrinology and Infertility and Recurrent Miscarriage		
<b>Areas of Expertise:</b>	Minimal Invasive Surgery		
<b>Saudi Commission for Health Specialties registration No.</b>	02-k-m-207	<b>Valid until:</b>	2018

### Clinical Responsibilities:

1.	Undergraduate Teaching
2.	Postgraduate Teaching
3.	Infertility and recurrent miscarriage clinics
4.	Ultrasound follicular monitoring for infertility patients
5.	Ultrasound for early pregnancy in recurrent miscarriage patients
6.	In patient care /Ward Rounds
7.	Gynecological operations / minimal invasive surgeries

## RESEARCH ACHIEVEMENTS(beginning with the most recent)Your name should be bold & use rows as necessary

### Published Refereed Scientific Research Papers:(use Vancouver Style, "author-number system")

1.	Areej G. Al-Otaibi; Sahar A. Aly; <b>Ahlam A. Al-Ghamdi</b> . Effect of Supportive Care Therapy for Women with Recurrent Miscarriage on Their Anxiety Level and Early Pregnancy Outcome. <i>Life Science Journal</i> 2013;10(2)
2.	Lo W.; Rai R.; Hameed A.; Brailsford SR.; <b>Al-Ghamdi AA.</b> ; Regan L.The effect of body mass index on pregnancy outcome in women with recurrent miscarriage. <i>J Fam Community Med</i> 2012;19:167-71
3.	<b>Al-Ghamdi, AhlamA.</b> "Recurrent hydatidiform mole: A case report of six consecutive molar pregnancies complicated by choriocarcinoma, and review of the literature." <i>Journal of Family and Community Medicine</i> 18, no. 3 (2011): 159.
4.	Al Jama, Fathia E., <b>Ahlam A. Al Ghamdi</b> , Turki Gasim, Sana A. Al Dakhiel, Jessica Rahman, and Mohammad S. Rahman. "Ovarian Tumors in Children and Adolescents—A Clinical Study of 52 Patients in a University Hospital." <i>Journal of pediatric and adolescent gynecology</i> 24, no. 1 (2011): 25-28.
5.	Gasim, Turki, Sana A. Al Dakhiel, <b>Ahlam A. Al Ghamdi</b> , Mariam Al Ali, Fathia Al Jama, Jessica Rahman, Suleiman A. Al Suleiman, and Mohammad S. Rahman. "Ovarian tumors associated with pregnancy: a 20-year experience in a teaching hospital." <i>Archives of gynecology and obstetrics</i> 282, no. 5 (2010): 529-533.
6.	<b>Al-Ghamdi, Ahlam</b> , Raj Rai, Aisha Hameed, Winnie Lo, and Lesley Regan. "Peripheral Blood Karyotyping amongst Couples with Recurrent Miscarriage-Universal or Selective Screening?." In <i>REPRODUCTIVE SCIENCES</i> , vol. 16, no. 3, pp. 185A-185A. 2455 TELLER RD, THOUSAND OAKS, CA 91320 USA: SAGE PUBLICATIONS INC, 2009.
7.	Hameed, Aisha, Raj Rai, Winnie Lo, <b>Ahlam Al-Ghamdi</b> , Karunakar Marikinti, and Lesley Regan. "Reproductive Outcome in Women Age 40 Years or Older with a History of Recurrent Miscarriage-2 Year Follow up." In <i>REPRODUCTIVE SCIENCES</i> , vol. 16, no. 3, pp. 356A-356A. 2455 TELLER RD, THOUSAND OAKS, CA 91320 USA: SAGE PUBLICATIONS INC, 2009.
8.	<b>Al-Ghamdi, Ahlam, et al.</b> "The correlation between endometrial thickness and outcome of in vitro fertilization and embryo transfer (IVF-ET) outcome." <i>Reprod Biol Endocrinol</i> 6.1 (2008): 37-41.

### Scientific Research Papers Presented to Refereed Specialized Scientific Conferences:

(use Vancouver system)

1.	<b>Al-Ghamdi, Ahlam, et al.</b> "The correlation between endometrial thickness and outcome of in vitro fertilization and embryo transfer (IVF-ET) outcome." <i>Reprod Biol Endocrinol</i> 6.1 (2008): 37-41.
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2.	Lo W.; Rai R.; Hameed A.; Brailsford SR.; <b>Al-Ghamdi AA.</b> ; Regan L. The effect of body mass index on pregnancy outcome in women with recurrent miscarriage. J Fam Community Med 2012;19:167-71
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### Current Research:

	Name of Investigator/s	Research Title
1.	Dr. Mona Ismail, Dr. Haifa AlTurki, Dr. Ahlam Al-Ghamdi, Dr. Noura AlQahtani	A Prospective Investigation of Non-alcoholic fatty liver disease NAFLD in Saudi and Arab Women with PCOS
2.	Dr. Ahlam AlGhamdi, Dr. Haifa AlTurki, Dr. Abdulaziz AlMulhim	The role of Antimullerian hormone in predicting ovarian response in infertile women
3.		
4.		

### Contribution to Scientific Journals as a Reviewer or as a Member in the Editorial Board:

	Type of contribution	Journal	Institution	Country	from	to
1.	Reviewer	British Journal of Obstetrics and Gynecology		UK	2009	Date
2.	Reviewer	Reproductive Biology and Endocrinology			2009	Date
3.	Reviewer	Journal of Family and Community Medicine			2011	Date

### Research Areas of Interest

1.	Reproductive endocrinology
2.	Infertility and In Vitro fertilization
3.	Recurrent miscarriage

### CONTRIBUTION TO SCIENTIFIC CONFERENCES & SYMPOSIA: (beginning with the most recent)

	Title	Place and date of the conference	Extent of contribution (attendant, speaker, or organizer)
1.	Women Health Day	KFHU, AlKhobar 20-21 May 2013	Speaker and Organizer
2.	Basic Hysteroscopy Specialized Hands-on Workshop	KFHU, AlKhobar 5 <sup>th</sup> May 2013	Speaker
3.	Basic Gynecology Laparoscopy Workshop	KFHU, AlKhobar 4 <sup>th</sup> May 2013	Speaker
4.	Dermatology Update	KFHU, AlKhobar	Attendant

		1 <sup>st</sup> May 2013	
5.	Infectious Diseases and Microbiology Update 2013 conference	Park Hayatt, Jeddah 22-24 April 2013	Attendant
6.	Pain Awareness Day	KFHU, AlKhobar 10 <sup>th</sup> April 2013	Attendant
7.	The antimicrobial workshop	Security Forces Hospital, Dammam 2-3 April 2013	Attendant
8.	Basic Obstetric Ultrasound Hands-on Workshop	KFHU, AlKhobar 27-28, March 2013	Speaker
9.	Advanced course in Obstetric Ultrasound	KFHU, AlKhobar 2-3, March 2013	Attendant
10.	Medical Career Day Ob/ Gyn Workshop	UOD 27-28 February 2013	Speaker
11.	Gyne Laparoscopy Workshop	Maternity Children Hospital, Dammam 21-22 Feb 2013	Attendant
12.	A Specialized Workshop of Evidence-Based Practice	KFHU, AlKhobar 15-19, December 2012	Facilitator
13.	Updates in Obstetrics and Gynecology	KFHU, AlKhobar 28 <sup>th</sup> November, 2012	Speaker
14.	Biosurgical innovation summit wet lab	KFHU, AlKhobar 1 <sup>st</sup> October 2012	Attendant
15.	Basic Hysteroscopy Specialized Hands-on Workshop	KFHU, AlKhobar 15 <sup>th</sup> May 2012	Speaker
16.	Basic Obstetric Ultrasound Hands-on Workshop	KFHU, AlKhobar 10-11, March 2012	Instructor
17.	Leadership in Medical Education Workshop	KFHU, AlKhobar 4 <sup>th</sup> Jan, 2012	Attendant
18.	11 <sup>th</sup> Update in Internal Medicine on Pulmonology and Critical Care	KFHU, AlKhobar 23-24 Nov, 2011	Speaker
19.	Diagnostic and Operative Hysteroscopy	AIABFH, Dammam 7 November 2010	Attendant
20.	Volume Ultrasound in	General Electric,	Attendant

	Reproductive Medicine	Rome 26 <sup>th</sup> June 2010	
21.	Symposium on Patient Safety	KFHU, AlKhobar 26 May 2010	Attendant
22.	26 <sup>th</sup> Annual Meeting of ESHRE	Rome, Italy 28 June 2010	Attendant
23.	Workshop on Assessment Strategies -2	KFHU, AlKhobar 5-6 May 2009	Attendant
24.	Workshop on communication skills in Health Professional Education	KFHU, AlKhobar 11 <sup>th</sup> February 2009	Attendant
25.	Workshop on Assessment Strategies -1	KFHU, AlKhobar 22-24 December 2008	Attendant
26.	24 <sup>th</sup> Annual Meeting of ESHRE	Barcelona, Spain 6-9 July 2008	Attendant
27.	ART & Perinatology Hand-in Hand for a healthy Generation Symposium	KFSH&RC , Riyadh 24-25 April 2007	Attendant
28.	Genetic counseling workshop	Prince Salman Center for Disability Research 28-30 January 2007	Attendant
29.	Middle East fertility Society (MEFS) 13th annual meeting	Aqaba, Jordan 15-17 October 2006	Attendant
30.	Biostatistics for non-Statisticians	KFSH&RC, Riyadh 9-20 September 2006	Attendant
31.	Minimally invasive surgery in gynecology course	KFSH&RC, Riyadh 24-26 April 2006	Attendant
32.	Updates in IVF and Genetics part 2	Crown Plaza Hotel , Bahrain 5 May 2005	Attendant
33.	The 11 <sup>th</sup> AGM & Scientific Sessions	KFHU, AlKhobar 15-17 May, 2001	Attendant
34.	Update course in OBGYN ultrasound imaging	KFHU, AlKhobar 11-13 April 2000	Attendant
35.	Evidence Based Medicine	Family and community medicine, Jeddah 4 March 1999	Attendant
36.	Early detection and screening program conference	Family and community medicine, Mecca 2-3 March 1999	Attendant

**TEACHING ACTIVITIES:** *Delivering Lecture/Workshops & other Teaching Methods*

**Undergraduate:**

	Course/Rotation Title	No./Code	Extent of contribution (no of lectures/tutorials. or labs, clinics)
1.	Obstetric and Gynecology	MDOG 603	See course timetable

2.	Obstetric and Gynecology Skill lab	See course timetable
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### Guest/Invited Lectures for Undergraduate Students:

	Course Title & Code	Subject	College & University	Date
1.	Medical Career Day (Ob/ Gyn Workshop ) Speaker , UOD, 27-28 February 2013			

### Guest/Invited Lectures for Postgraduate Students:

	Activity/Course Title & Code	Subject	College & University or program	Date
1.	Family and community medicine Resident training Program	Contraception and Family planning	College of Medicine, UoD	
2.	Nursing College Master in Obstetrics and Gynecology	State of ART: Male and Female Infertility	Nursing College, UoD	

### Student Academic Supervision and Mentoring:

	Level	Number of students	from	to
1.	See course and student distribution timetable and schedule @UOD			
2.				
3.				

### Supervision of Undergraduate Student Research:

	From – to	Level & course	Title	No. of students
1.	October 2013- date	6 <sup>th</sup> year MDOG	Pre-Implantation Genetic Diagnosis: Awareness and attitudes amongst Heamoglinopathy patients	2

### Supervision of Master and/orPhD Thesis:

	Degree Type	Title	Institution	Date
1.	Master	Effect of early initiation and frequency of breast-feeding on the uterine consistency and the amount of vaginal blood loss during early postpartum period.	UoD College of Nursing	
2.	Master	Evaluation of the effectiveness of ginger capsules for treatment of nausea and vomiting in early pregnancy	UoD College of Nursing	
3.	Master	Effect of midwife's continuous women's support on their labor outcome	UoD College of Nursing	
4.	Master	Effect of supportive care therapy in women with recurrent miscarriage on anxiety level and pregnancy outcome	UoD College of Nursing	

### Ongoing ResearchSupervision:

	Degree Type	Title	Institution	Date
1.	Saudi Society certificate in	Recurrent miscarriage in a specialized clinic at a tertiary hospital	King Fahad Hospital of the University	2012

	Obstetrics and Gynecology			
2.	Saudi Society certificate in Obstetrics and Gynecology	Breech delivery in primigravida: The past and present	King Fahad Hospital of the University	2013

### **Participation in Examinations**(as an External/internal examiner)

	External/internal	College & University or program	Specialty	Date
1.	Internal	UoD, College of Medicine and Medical sciences	Obstetrics and Gynecology	2008-date
2.	External	King Faisal University, College of Medicine, Alhassa	Obstetrics and Gynecology	2010

### **ADMINISTRATIVE RESPONSIBILITIES, COMMITTEE MEMBERSHIP & COMMUNITY SERVICE:**

(beginning with the most recent)

#### **Administrative Responsibilities:**

	from	To	Position	Organization
1.			Acting Chairman, dept Obstetrics and Gynecology	KFHU

#### **Committee Membership:**

	from	to	Committee	Organization
1.	2013	date	Member of hospital Peer review Committee	KFHU
2.	2013	date	Member of hospital Morbidity and Mortality Committee	KFHU
3.	2013	date	Member of hospital Infection control Committee	KFHU

#### **Personal Key Competencies and Skills:** (computer, Information technology, technical, etc.)

1.	Microsoft office
2.	Microsoft power point

**LAST UPDATE:**10 th October, 2013